

## **Summary of Product Characteristics for Pharmaceutical Products**

### **1. Name of the medicinal product:**

Daplong

### **2. Qualitative and quantitative composition Each film coated**

tablet contains:

Dapoxetine Hydrochloride

Eq. to Dapoxetine ..... 30 mg

Sildenafil Citrate USP

Eq. to Sildenafil..... 50 mg

(for a full list of excipients, see section 6.1)

### **3. Pharmaceutical form:**

Film coated Tablet

Blue coloured diamond shaped biconvex film coated tablet with both side plain.

### **4. Clinical particulars**

#### **4.1 Therapeutic indications**

Used to treat premature ejaculation (PE) and erectile dysfunction (ED) in men 18 to 64 years old.

#### **4.2 Posology and method of administration Posology:**

Adult men aged 18 to 64 years old

To be taken as needed approximately 1 to 3 hours prior to sexual activity.

Note: Daplong should be taken only when sexual activity is anticipated. The maximum recommended dosing frequency is once per day.

Method of administration: Oral

#### **4.3 Contraindications**

Hypersensitivity to the active substances or any excipients listed in section 6.1.

### **Dapoxetine**

Significant pathological cardiac conditions such as:

- Heart failure (NYHA class II-IV)
- Conduction abnormalities such as AV block or sick sinus syndrome
- Significant ischemic heart disease • Significant valvular disease • A history of syncope.

A history of mania or severe depression.

Concomitant treatment with monoamine oxidase inhibitors (MAOIs), or within 14 days of discontinuing treatment with an MAOI. Similarly, an MAOI should not be administered within 7 days after Daplong has been discontinued.

Concomitant treatment with thioridazine, or within 14 days of discontinuing treatment with thioridazine. Similarly, thioridazine should not be administered within 7 days after Daplong has been discontinued.

Concomitant treatment with serotonin reuptake inhibitors [selective serotonin reuptake inhibitors (SSRIs), serotonin norepinephrine reuptake inhibitors (SNRIs), tricyclic antidepressants (TCAs)] or other medicinal/herbal products with serotonergic effects [e.g., L-tryptophan, triptans, tramadol, linezolid, lithium, St. John's Wort (*Hypericum perforatum*)] or within 14 days of discontinuing treatment with these medicinal/herbal products. Similarly, these medicinal/herbal products should not be administered within 7 days after Daplong has been discontinued. Concomitant treatment of potent CYP3A4 inhibitors such as ketoconazole, itraconazole, ritonavir, saquinavir, telithromycin, nefazadone, nelfinavir, atazanavir, etc.

Moderate and severe hepatic impairment.

### **Sildenafil**

Consistent with its known effects on the nitric oxide/cyclic guanosine monophosphate (cGMP) pathway, sildenafil was shown to potentiate the hypotensive effects of nitrates, and its co-administration with nitric oxide donors (such as amyl nitrite) or nitrates in any form is therefore contraindicated. The co-administration of PDE5 inhibitors, including sildenafil, with guanylate cyclase stimulators, such as riociguat, is contraindicated as it may potentially lead to symptomatic hypotension. Agents for the treatment of erectile dysfunction, including sildenafil, should not be used in men for whom sexual activity is inadvisable (e.g. patients with severe cardiovascular disorders such as unstable angina or severe cardiac failure). Sildenafil is contraindicated in patients who have loss of vision in one eye because of non-arteritic anterior ischaemic optic neuropathy (NAION), regardless of whether this episode was in connection or not with previous PDE5 inhibitor exposure. The safety of sildenafil has not been studied in the following sub-groups of patients and its use is therefore contraindicated: severe hepatic impairment, hypotension (blood pressure < 90/50 mmHg),

recent history of stroke or myocardial infarction and known hereditary degenerative retinal disorders such as retinitis pigmentosa (a minority of these patients have genetic disorders of retinal phosphodiesterases).

#### **4.4 Special warnings and precautions for use**

##### **Dapoxetine**

###### **Orthostatic hypotension**

Before treatment initiation, a careful medical examination including history of orthostatic events should be performed by the physician. An orthostatic test should be performed before initiating therapy (blood pressure and pulse rate, supine and standing). In case of a history of documented or suspected orthostatic reaction, treatment with Daplong should be avoided. The prescriber should counsel the patient in advance that if he experiences possibly prodromal symptoms, such as lightheadedness soon after standing, he should immediately lie down so his head is lower than the rest of his body or sit down with his head between his knees until the symptoms pass. The prescriber should also inform the patient not to rise quickly after prolonged lying or sitting.

###### **Suicide/suicidal thoughts**

Antidepressants, including SSRIs, increased the risk compared to placebo of suicidal thinking and suicidality in short term studies in children and adolescents with Major Depressive Disorder and other psychiatric disorders. Short-term studies did not show an increase in the risk of suicidality with antidepressants compared to placebo in adults beyond age 24.

###### **Syncope**

Patients should be cautioned to avoid situations where injury could result, including driving or operating hazardous machinery, should syncope or its prodromal symptoms such as dizziness or lightheadedness occur.

###### **Patients with cardiovascular risk factors**

The risk of adverse cardiovascular outcomes from syncope (cardiac syncope and syncope from other causes) is increased in patients with underlying structural cardiovascular disease (e.g., documented outflow obstruction, valvular heart disease, carotid stenosis and coronary artery disease).

###### **Use with recreational drugs**

Patients should be advised not to use Daplong in combination with

recreational drugs. Recreational drugs with serotonergic activity such as ketamine, methylenedioxymethamphetamine (MDMA) and lysergic acid diethylamide (LSD) may lead to potentially serious reactions if combined with dapoxetine. These reactions include, but are not limited to, arrhythmia, hyperthermia, and serotonin syndrome. Use of dapoxetine with recreational drugs with sedative properties such as narcotics and benzodiazepines may further increase somnolence and dizziness.

#### Mania

Daplong should not be used in patients with a history of mania/hypomania or bipolar disorder and should be discontinued in any patient who develops symptoms of these disorders.

#### Seizure

Due to the potential of SSRIs to lower the seizure threshold, Daplong should be discontinued in any patient who develops seizures and avoided in patients with unstable epilepsy. Patients with controlled epilepsy should be carefully monitored.

#### Paediatric population

Daplong should not be used in individuals below 18 years of age.

#### Depression and/or psychiatric disorders

Men with underlying signs and symptoms of depression should be evaluated prior to treatment with Daplong to rule out undiagnosed depressive disorders. Concomitant treatment of Daplong with antidepressants, including SSRIs and SNRIs, is contraindicated. Discontinuation of treatment for ongoing depression or anxiety in order to initiate Daplong for the treatment of PE is not recommended. Daplong is not indicated for psychiatric disorders and should not be used in men with these disorders, such as schizophrenia, or in those suffering with co-morbid depression, as worsening of symptoms associated with depression cannot be excluded. This could be the result of underlying psychiatric disorder or might be a result of medicinal product therapy. Physicians should encourage patients to report any distressing thoughts or feelings at any time and if signs and symptoms of depression develop during treatment, Daplong should be discontinued. Haemorrhage There have been reports of bleeding abnormalities with SSRIs. Caution is advised in patients taking Daplong, particularly in concomitant use with

medicinal products known to affect platelet function (e.g., atypical antipsychotics and phenothiazines, acetylsalicylic acid, nonsteroidal antiinflammatory drugs [NSAIDs], anti-platelet agents) or anticoagulants (e.g., warfarin), as well as in patients with a history of bleeding or coagulation disorders.

#### Renal impairment

Daplong is not recommended for use in patients with severe renal impairment and caution is advised in patients with mild or moderate renal impairment.

#### Withdrawal effects

Abrupt discontinuation of chronically administered SSRIs used to treat chronic depressive disorders has been reported to result in the following symptoms: dysphoric mood, irritability, agitation, dizziness, sensory disturbances (e.g., paresthesias such as electric shock sensations), anxiety, confusion, headache, lethargy, emotional lability, insomnia and hypomania.

#### Eye disorders

The use of Daplong has been associated with ocular effects such as mydriasis and eye pain. Daplong should be used with caution in patients with raised intraocular pressure or those at risk of angle closure glaucoma.

### **Sildenafil**

A medical history and physical examination should be undertaken to diagnose erectile dysfunction and determine potential underlying causes, before pharmacological treatment is considered.

#### Cardiovascular risk factors

Prior to initiating any treatment for erectile dysfunction, physicians should consider the cardiovascular status of their patients, since there is a degree of cardiac risk associated with sexual activity. Sildenafil has vasodilator properties, resulting in mild and transient decreases in blood pressure. Prior to prescribing sildenafil, physicians should carefully consider whether their patients with certain underlying conditions could be adversely affected by such vasodilatory effects, especially in combination with sexual activity.

Patients with increased susceptibility to vasodilators include those with left ventricular outflow obstruction (e.g., aortic stenosis, hypertrophic obstructive cardiomyopathy), or those with the rare syndrome of multiple system atrophy manifesting as severely impaired autonomic control of blood pressure.

Sildenafil potentiates the hypotensive effect of nitrates.

#### Priapism

Agents for the treatment of erectile dysfunction, including sildenafil, should be used with caution in patients with anatomical deformation of the penis (such as angulation, cavernosal fibrosis or Peyronie's disease), or in patients who have conditions which may predispose them to priapism (such as sickle cell anaemia, multiple myeloma or leukaemia).

Concomitant use with other PDE5 inhibitors or other treatments for erectile dysfunction

The safety and efficacy of combinations of sildenafil with other PDE5 inhibitors, or other pulmonary arterial hypertension (PAH) treatments containing sildenafil, or other treatments for erectile dysfunction have not been studied. Therefore, the use of such combinations is not recommended.

Concomitant use with alpha-blockers

Caution is advised when sildenafil is administered to patients taking an alpha-blocker, as the coadministration may lead to symptomatic hypotension in a few susceptible individuals. This is most likely to occur within 4 hours post sildenafil dosing. In order to minimise the potential for developing postural hypotension, patients should be hemodynamically stable on alphablocker therapy prior to initiating sildenafil treatment. In addition, physicians should advise patients what to do in the event of postural hypotensive symptoms.

Effect on bleeding

Studies with human platelets indicate that sildenafil potentiates the antiaggregatory effect of sodium nitroprusside in vitro. There is no safety information on the administration of sildenafil to patients with bleeding disorders or active peptic ulceration. Therefore, sildenafil should be administered to these patients only after careful benefit-risk assessment.

### **4.5 Interaction with other medicinal products and other forms of**

interaction Dapoxetine

Potential for interaction with thioridazine - Thioridazine administration alone produces prolongation of the QTc interval, which is associated with serious ventricular arrhythmias. Medicinal products such as Dapoxetine that inhibit the CYP2D6 isoenzyme appear to inhibit the metabolism of thioridazine and the resulting elevated levels of thioridazine are expected to augment the

prolongation of the QTc interval.

Medicinal/herbal products with serotonergic effects - As with other SSRIs, coadministration with serotonergic medicinal/herbal products (including MAOIs, L-tryptophan, triptans, tramadol, linezolid, SSRIs, SNRIs, lithium and St. John's Wort (*Hypericum perforatum*) preparations) may lead to an incidence of serotonin associated effects.

Pharmacokinetic interactions Effects of co-administered medicinal products on the pharmacokinetics of dapoxetine - In vitro studies in human liver, kidney, and intestinal microsomes indicate dapoxetine is metabolized primarily by CYP2D6, CYP3A4 and flavin monooxygenase 1 (FMO1). Therefore, inhibitors of these enzymes may reduce dapoxetine clearance.

Potent CYP3A4 inhibitors - Concomitant use of Dapoxetine and potent CYP3A4 inhibitors, such as ketoconazole, itraconazole, ritonavir, saquinavir, telithromycin, nefazodone, nelfinavir and atazanavir, is contraindicated. Grapefruit juice is also a potent CYP3A4 inhibitor and should be avoided within 24 hours prior to taking Dapoxetine.

Moderate CYP3A4 inhibitors - Concomitant treatment with moderate CYP3A4 inhibitors (e.g., erythromycin, clarithromycin, fluconazole, amprenavir, fosamprenavir, aprepitant, verapamil, diltiazem) may also give rise to significantly increased exposure of dapoxetine and desmethyldapoxetine, especially in CYP2D6 poor metabolizers.

Ethanol - dapoxetine in combination with ethanol increased somnolence and significantly decreased self-rated alertness. Concomitant use of alcohol and dapoxetine increases the chance or severity of adverse reactions such as dizziness, drowsiness, slow reflexes, or altered judgment. Combining alcohol with dapoxetine may increase these alcohol-related effects and may also enhance neurocardiogenic adverse events such as syncope, thereby increasing the risk of accidental injury.

### **Sildenafil**

Effects of other medicinal products on sildenafil In vitro studies Sildenafil metabolism is principally mediated by the cytochrome P450 (CYP) isoforms 3A4 (major route) and 2C9 (minor route). Therefore, inhibitors of these isoenzymes may reduce sildenafil clearance and inducers of these isoenzymes

may increase sildenafil clearance.

Grapefruit juice is a weak inhibitor of CYP3A4 gut wall metabolism and may give rise to modest increases in plasma levels of sildenafil

Concomitant administration of strong CYP3A4 inducers, such as rifampin, is expected to cause greater decreases in plasma concentrations of sildenafil.

Nicorandil is a hybrid of potassium channel activator and nitrate. Due to the nitrate component, it has the potential to result in a serious interaction with sildenafil.

Effects of sildenafil on other medicinal products

Consistent with its known effects on the nitric oxide/cGMP pathway, sildenafil was shown to potentiate the hypotensive effects of nitrates, and its co-administration with nitric oxide donors or nitrates in any form is therefore contraindicated.

Riociguat: Concomitant use of riociguat with PDE5 inhibitors, including sildenafil, is contraindicated.

Concomitant administration of sildenafil to patients taking alpha-blocker therapy may lead to symptomatic hypotension in a few susceptible individuals. This is most likely to occur within 4 hours post sildenafil dosing. Addition of a single dose of sildenafil to sacubitril/valsartan at steady state in patients with hypertension was associated with a significantly greater blood pressure reduction compared to administration of sacubitril/valsartan alone. Therefore, caution should be exercised when sildenafil is initiated in patients treated with sacubitril.

#### **4.6 Pregnancy and lactation**

Sildenafil and Dapoxetine is not indicated for use by women.

#### **4.7 Effects on ability to drive and use machines.**

Sildenafil may have a minor influence on the ability to drive and use machines. As dizziness and altered vision were reported in clinical trials with sildenafil, patients should be aware of how they react to Sildenafil, before driving or operating machinery.

Dapoxetine has minor or moderate influence on the ability to drive and use machines. Dizziness, disturbance in attention, syncope, blurred vision and somnolence have been reported in subjects receiving dapoxetine in clinical trials. Therefore, patients should be warned to avoid situations where injury

could result, including driving or operating hazardous machinery. Combining alcohol with dapoxetine may increase alcohol-related neurocognitive effects and may also enhance neurocardiogenic adverse events such as syncope, thereby increasing the risk of accidental injury; therefore, patients should be advised to avoid alcohol while taking Dapoxetine.

#### 4.8 Undesirable effects

In the table below all medically important adverse reactions, which occurred in clinical trials at an incidence greater than placebo are listed by system organ class and frequency Very common ( $\geq 1/10$ ), Common ( $\geq 1/100$  to  $<1/10$ ), uncommon ( $\geq 1/1000$  to  $<1/100$ ), Rare ( $\geq 1/10000$  to  $<1/1000$ )

##### Adverse effects of sildenafil

| System organ class                              | Very common ( $\geq 1/10$ ) | Common ( $\geq 1/100$ and $< 1/10$ )                          | Uncommon ( $\geq 1/1000$ and $< 1/100$ )                                                                      | Rare ( $\geq 1/10000$ to $< 1/1000$ )                                                                                                                                                                                                                                                                                                                                                                                                                      |
|-------------------------------------------------|-----------------------------|---------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Infections and infestations                     |                             |                                                               | Rhinitis                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| Immune system disorders                         |                             |                                                               | Hypersensitivity                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| Nervous system disorders                        | Headache                    | Dizziness                                                     | Somnolence, Hypoaesthesia                                                                                     | Cerebrovascular accident, Transient ischaemic attack, Seizure, Seizure recurrence, Syncope                                                                                                                                                                                                                                                                                                                                                                 |
| Eye disorders                                   |                             | Visual colour distortions, Visual disturbance, Vision blurred | Lacrimation disorders, Eye pain, Photophobia, Photopsia, Ocular hyperaemia, Visual brightness, Conjunctivitis | Non-arteritic anterior ischaemic optic neuropathy (NAION), Retinal vascular occlusion, Retinal haemorrhage, Arteriosclerotic retinopathy, Retinal disorder, Glaucoma, Visual field defect, Diplopia, Visual acuity reduced, Myopia, Asthenopia, Vitreous floaters, Iris disorder, Mydriasis, Halo vision, Eye oedema, Eye swelling, Eye disorder, Conjunctival hyperaemia, Eye irritation, Abnormal sensation in eye, Eyelid oedema, Scleral discoloration |
| Ear and labyrinth disorders                     |                             |                                                               | Vertigo, Tinnitus                                                                                             | Deafness                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| Cardiac disorders                               |                             |                                                               |                                                                                                               | Tachycardia, Palpitations, Sudden cardiac death, Myocardial infarction, Ventricular arrhythmia, Atrial fibrillation, Unstable angina                                                                                                                                                                                                                                                                                                                       |
| Vascular disorders                              |                             | Flushing, Hot flush                                           | Hypertension, Hypotension                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| Respiratory, thoracic and mediastinal disorders |                             | Nasal congestion                                              | Epistaxis, Sinus congestion                                                                                   | Throat tightness, Nasal oedema, Nasal dryness                                                                                                                                                                                                                                                                                                                                                                                                              |

| <b>System organ class</b>                            | <b>Very common (≥ 1/10)</b> | <b>Common (≥ 1/100 and &lt; 1/10)</b> | <b>Uncommon (≥ 1/1000 and &lt; 1/100)</b>                                    | <b>Rare (≥ 1/10000 to &lt; 1/1000)</b>                           |
|------------------------------------------------------|-----------------------------|---------------------------------------|------------------------------------------------------------------------------|------------------------------------------------------------------|
| Gastrointestinal disorders                           |                             | Nausea, Dyspepsia                     | Gastro-oesophageal reflux disease, Vomiting, Abdominal pain upper, Dry mouth | Hypoaesthesia oral                                               |
| Skin and subcutaneous tissue disorders               |                             |                                       | Rash                                                                         | Stevens-Johnson Syndrome (SJS), Toxic Epidermal Necrolysis (TEN) |
| Musculoskeletal and connective tissue disorders      |                             |                                       | Myalgia, Pain in extremity                                                   |                                                                  |
| Renal and urinary disorders                          |                             |                                       | Haematuria                                                                   |                                                                  |
| Reproductive system and breast disorders             |                             |                                       |                                                                              | Penile haemorrhage, Priapism, Haemospermia, Erection increased   |
| General disorders and administration site conditions |                             |                                       | Chest pain, Fatigue, Feeling hot                                             | Irritability                                                     |
| Investigations                                       |                             |                                       | Heart rate increased                                                         |                                                                  |

### **Adverse effects of Dapoxetine**

| <b>System organ class</b>                       | <b>Very common (≥ 1/10)</b> | <b>Common (≥ 1/100 and &lt; 1/10)</b>                                                                                                               | <b>Uncommon (≥ 1/1000 and &lt; 1/100)</b>                                                                                                                                                                                                                           | <b>Rare (≥ 1/10000 to &lt; 1/1000)</b>      |
|-------------------------------------------------|-----------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------|
| Psychiatric disorders                           |                             | Anxiety, Agitation, Restlessness, Insomnia, Abnormal dreams, Libido decreased                                                                       | Depression, Depressed mood, Euphoric mood, Mood altered, Nervousness, Indifference, Apathy, Confusional state, Disorientation, Thinking abnormal, Hypervigilance, Sleep disorder, Initial insomnia, Middle insomnia, Nightmare, Bruxism, Loss of libido, Anorgasmia |                                             |
| Nervous system disorders                        | Dizziness, Headache         | Somnolence, Disturbance in attention, Tremor, Paraesthesia                                                                                          | Syncope, Syncope vasovagal, Dizziness postural, Akathisia, Dysgeusia, Hypersomnia, Lethargy, Sedation, Depressed level of consciousness                                                                                                                             | Dizziness exertional, Sudden onset of sleep |
| Eye disorders                                   |                             | Vision blurred                                                                                                                                      | Mydriasis, Eye pain, Visual disturbance                                                                                                                                                                                                                             |                                             |
| Ear and labyrinth disorders                     |                             | Tinnitus                                                                                                                                            | Vertigo                                                                                                                                                                                                                                                             |                                             |
| Cardiac disorders                               |                             |                                                                                                                                                     | Sinus arrest, Sinus bradycardia, Tachycardia                                                                                                                                                                                                                        |                                             |
| Vascular disorders                              |                             | Flushing                                                                                                                                            | Hypotension, Systolic hypertension, Hot flushes                                                                                                                                                                                                                     |                                             |
| Respiratory, thoracic and mediastinal disorders |                             | Sinus congestion, Yawning                                                                                                                           |                                                                                                                                                                                                                                                                     |                                             |
| Gastrointestinal disorders                      | Nausea                      | Diarrhoea, Vomiting, Constipation, Abdominal pain, Abdominal pain upper, Dyspepsia, Flatulence, Stomach discomfort, Abdominal distension, Dry mouth | Gastric discomfort                                                                                                                                                                                                                                                  | Defaecation urgency                         |
| Skin and                                        |                             | Hyperhidrosis                                                                                                                                       | Pruritis, Cold sweat                                                                                                                                                                                                                                                |                                             |

| System organ class                                   | Very common (≥ 1/10) | Common (≥ 1/100 and < 1/10) | Uncommon (≥ 1/1000 and < 1/100)                                                                | Rare (≥ 1/10000 to < 1/1000) |
|------------------------------------------------------|----------------------|-----------------------------|------------------------------------------------------------------------------------------------|------------------------------|
| subcutaneous tissue disorders                        |                      |                             |                                                                                                |                              |
| Reproductive system and breast disorders             |                      | Erectile dysfunction        | Ejaculation failure, Male orgasmic disorder, Paraesthesia of genital male                      |                              |
| General disorders and administration site conditions |                      | Fatigue, Irritability       | Asthenia, Feeling hot, Feeling jittery, Feeling abnormal, Feeling drunk                        |                              |
| Investigations                                       |                      | Blood pressure increased    | Heart rate increased, Blood pressure diastolic increased, Blood pressure orthostatic increased |                              |

### Reporting of suspected adverse reactions

Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions via pharmacy and poisons board, Pharmacovigilance Electronic Reporting System (PvERS) <https://pv.pharmacyboardkenya.org>.

### 4.9 Overdose.

#### Sildenafil Citrate

In single dose volunteer studies of doses up to 800 mg, adverse reactions were similar to those seen at lower doses, but the incidence rates and severities were increased. Doses of 200 mg did not result in increased efficacy but the incidence of adverse reactions (headache, flushing, dizziness, dyspepsia, nasal congestion, altered vision) was increased. In cases of overdose, standard supportive measures should be adopted as required. Renal dialysis is not expected to accelerate clearance as sildenafil is highly bound to plasma proteins and not eliminated in the urine.

#### Dapoxetine Hydrochloride

No case of overdose has been reported. There were no unexpected adverse events in a clinical pharmacology study of Dapoxetine Hydrochloride with daily doses up to 240 mg (two 120 mg doses given 3 hours apart). In general, symptoms of overdose with SSRIs include serotonin-mediated adverse reactions such as somnolence, gastrointestinal disturbances such as nausea and vomiting, tachycardia, tremor, agitation and dizziness. In cases of overdose, standard supportive measures should be adopted as required. Due to high protein binding and large volume of distribution of dapoxetine

hydrochloride, forced diuresis, dialysis, hemoperfusion and exchange transfusion are unlikely to be of benefit. No specific antidotes for Dapoxetine hydrochloride are known.

## **5. Pharmacological properties**

### **5.1 Pharmacodynamic properties**

Sildenafil Citrate

Pharmacotherapeutic group: Urologicals; Drugs used in erectile dysfunction.

ATC Code: G04B E03.

#### **Mechanism of action**

Sildenafil is an oral therapy for erectile dysfunction. In the natural setting, i.e. with sexual stimulation, it restores impaired erectile function by increasing blood flow to the penis. The physiological mechanism responsible for erection of the penis involves the release of nitric oxide (NO) in the corpus cavernosum during sexual stimulation. Nitric oxide then activates the enzyme guanylate cyclase, which results in increased levels of cyclic guanosine monophosphate (cGMP), producing smooth muscle relaxation in the corpus cavernosum and allowing inflow of blood.

Sildenafil is a potent and selective inhibitor of cGMP specific phosphodiesterase type 5 (PDE5) in the corpus cavernosum, where PDE5 is responsible for degradation of cGMP. Sildenafil has a peripheral site of action on erections. Sildenafil has no direct relaxant effect on isolated human corpus cavernosum but potently enhances the relaxant effect of NO on this tissue. When the NO/cGMP pathway is activated, as occurs with sexual stimulation, inhibition of PDE5 by sildenafil results in increased corpus cavernosum levels of cGMP. Therefore, sexual stimulation is required in order for sildenafil to produce its intended beneficial pharmacological effects.

Dapoxetine Hydrochloride

Pharmacotherapeutic group: Other Urologicals, ATC code: G04BX14

#### **Mechanism of action**

Dapoxetine is a potent selective serotonin reuptake inhibitor (SSRI). The physiology of ejaculation primarily depends on serotonin and dopamine receptors including 5-HT<sub>1a</sub> and 5-HT<sub>2c</sub>. Dapoxetine Hydrochloride prevents the reuptake of serotonin. The drug binds with the reuptake transporters of norepinephrine and dopamine and inhibits the reuptake.

## **5.2 Pharmacokinetic properties**

### **Absorption**

Sildenafil is rapidly absorbed. Maximum observed plasma concentrations are reached within 30 to 120 minutes (median 60 minutes) of oral dosing in the fasted state. The mean absolute oral bioavailability is 41% (range 25-63%). After oral dosing of sildenafil AUC and C<sub>max</sub> increase in proportion with dose over the recommended dose range (25-100 mg). When sildenafil is taken with food, the rate of absorption is reduced with a mean delay in t<sub>max</sub> of 60 minutes and a mean reduction in C<sub>max</sub> of 29%.

Dapoxetine is rapidly absorbed with maximum plasma concentrations (C<sub>max</sub>) occurring approximately 1-2 hours after tablet intake. The absolute bioavailability is 42%, and dose proportional increases in exposure (AUC and C<sub>max</sub>) are observed between the 30 and 60 mg dose strengths. Following multiple doses, AUC values for both dapoxetine and the active metabolite desmethyldapoxetine (DED) increase by approximately 50% when compared to single dose AUC values. Ingestion of a high fat meal modestly reduced the C<sub>max</sub> (by 10%) and modestly increased the AUC (by 12%) of dapoxetine and slightly delayed the time for dapoxetine to reach peak concentrations. These changes are not clinically significant. Dapoxetine hydrochloride can be taken with or without food.

### **Distribution**

The mean steady state volume of distribution (V<sub>d</sub>) for sildenafil is 105 l, indicating distribution into the tissues. After a single oral dose of 100 mg, the mean maximum total plasma concentration of sildenafil is approximately 440 ng/mL (CV 40%). Since sildenafil (and its major circulating N-desmethyl metabolite) is 96% bound to plasma proteins, this results in the mean maximum free plasma concentration for sildenafil of 18 ng/mL (38 nM). Protein binding is independent of total drug concentrations.

More than 99% of dapoxetine is bound in vitro to human serum proteins. The active metabolite desmethyldapoxetine (DED) is 98.5% protein bound.

Dapoxetine has a mean steady state volume of distribution of 162 L.

### **Biotransformation**

Sildenafil is cleared predominantly by the CYP3A4 (major route) and CYP2C9 (minor route) hepatic microsomal isoenzymes. The major circulating

metabolite results from N-demethylation of sildenafil. This metabolite has a phosphodiesterase selectivity profile similar to sildenafil and an in vitro potency for PDE5 approximately 50% that of the parent drug. Plasma concentrations of this metabolite are approximately 40% of those seen for sildenafil. The N-desmethyl metabolite is further metabolised, with a terminal half-life of approximately 4 h.

In vitro studies suggest that dapoxetine is cleared by multiple enzyme systems in the liver and kidneys, primarily CYP2D6, CYP3A4, and flavin monooxygenase (FMO1). Following oral dosing of <sup>14</sup>C-dapoxetine, dapoxetine was extensively metabolized to multiple metabolites primarily through the following biotransformational pathways: N-oxidation, N-demethylation, naphthyl hydroxylation, glucuronidation and sulfation. There was evidence of presystemic first pass metabolism after oral administration. Intact dapoxetine and dapoxetine-N-oxide were the major circulating moieties in the plasma. In vitro binding and transporter studies show that dapoxetine-N-oxide is inactive. Additional metabolites including desmethyldapoxetine and didesmethyl dapoxetine account for less than 3% of the total circulating drug related materials in plasma. In vitro binding studies indicate that DED is equipotent to dapoxetine and didesmethyl dapoxetine has approximately 50% of the potency of dapoxetine. The unbound exposures (AUC and C<sub>max</sub>) of DED are approximately 50% and 23%, respectively, of the unbound exposure of dapoxetine.

### **Elimination**

The total body clearance of sildenafil is 41 L/h with a resultant terminal phase half-life of 3-5 h. After either oral or intravenous administration, sildenafil is excreted as metabolites predominantly in the faeces (approximately 80% of administered oral dose) and to a lesser extent in the urine (approximately 13% of administered oral dose).

The metabolites of dapoxetine were primarily eliminated in the urine as conjugates. Unchanged active substance was not detected in the urine. Following oral administration, dapoxetine has an initial (disposition) half-life of approximately 1.5 hours, with plasma levels less than 5% of peak concentrations by 24 hours post-dose, and a terminal half-life of approximately 19 hours. The terminal half-life of DED is approximately 19

hours.

### **5.3 Preclinical safety data**

Not Available

## **6. Pharmaceutical particulars**

### **6.1 List of Excipients:**

Starch

Microcrystalline Cellulose 102 (Acecel-102)

Gelatin

Sodium Lauryl Sulphate Powder

Magnesium Stearate

Talcum

Sodium Starch Glycollate

Easycoat AFC Indigo Caramin

### **6.2 Incompatibilities Not**

applicable.

### **6.3 Shelf life**

36 Months

### **6.4 Special precautions for storage**

Store below 30°C, protect from direct sunlight, heat & moisture.

### **6.5 Nature and contents of container**

Daplong tablets are available in the pack of 1 x 10 Alu Alu Blister Pack.

### **6.6 Special precautions for disposal and other handling**

Any unused medicinal product or waste material should be disposed of in accordance with local requirements.

## **7. Marketing authorization holder and manufacturing site addresses**

Manufactured in India by:

CURIS LIFESCIENCES PVT. LTD

PF No-23, GIDC Industrial Estate,

Sanand-II, Ahmedabad-382110, Gujarat, India.

Manufactured For & Marketed by:

KRISHNA CHEMISTS LTD.

P.O. BOX 3328-00506

NAIROBI, KENYA.

## **8. Marketing authorisation number(s)**

H2021/CTD6275/2444

**9. Date of first Registration/ Renewal of Registration Date of first**

08/11/2021

**10. Date of revision of the text**

15/01/2026