SUMMARY PRODUCT CHARACTERISTICS (SPC)

1. Name of the finished pharmaceutical product

EMPAGOOD 10 (EMPAGLIFLOZIN TABLETS 10 MG)

2. QUALITATIVE AND QUANTITATIVE COMPOSITION

Each Film Coated Tablet contains:
Empagliflozin……. 10 mg

Excipient Of Known Effect:
Each Film Coated Tablet Contains 38.0 Mg of Lactose Monohydrate.

For full list of excipients, see section 6.1

3. Pharmaceutical Form:

Film Coated Tablet

A Yellow, round, biconcave, film coated tablets having plain on both side.

4. Clinical particulars

4.1 Therapeutic Indications:

Type 2 diabetes mellitus
EMPAGOOD 10 is indicated for the treatment of adults with insufficiently controlled type 2 diabetes mellitus as an adjunct to diet and exercise
- as monotherapy when metformin is considered inappropriate due to intolerance
- in addition to other medicinal products for the treatment of diabetes
For study results with respect to combination of therapies, effects on glycaemic control, cardiovascular and renal events, and the populations studied, see sections 4.4, 4.5 and 5.1.

Heart failure
EMPAGOOD 10 is indicated in adults for the treatment of symptomatic chronic heart failure. Chronic kidney disease
EMPAGOOD 10 is indicated in adults for the treatment of chronic kidney disease.

4.2 Posology and method of administration:

Posology

Type 2 diabetes mellitus
The recommended starting dose is 10 mg empagliflozin once daily for monotherapy and add-on combination therapy with other medicinal products for the treatment of diabetes. In patients tolerating empagliflozin 10 mg once daily who have an eGFR ≥60 ml/min/1.73

m^2 and need tighter glycaemic control, the dose can be increased to 25 mg once daily. The maximum daily dose is 25 mg (see below and section 4.4).

Heart failure
The recommended dose is 10 mg empagliflozin
once daily. Chronic kidney disease
The recommended dose is 10 mg empagliflozin once daily.

All indications
When empagliflozin is used in combination with a sulphonylurea or with insulin, a lower dose of the sulphonylurea or insulin may be considered to reduce the risk of hypoglycaemia (see sections 4.5 and 4.8).
If a dose is missed, it should be taken as soon as the patient remembers; however, a double dose should not be taken on the same day.

Special populations
Renal impairment
Due to limited experience, it is not recommended to initiate treatment with empagliflozin in patients with an eGFR <20 ml/min/1.73 m^2.
In patients with an eGFR <60 ml/min/1.73 m^2 the daily dose of empagliflozin is 10 mg.
In patients with type 2 diabetes mellitus, the glucose lowering efficacy of empagliflozin is reduced in patients with an eGFR <45 ml/min/1.73 m^2 and likely absent in patients with an eGFR <30 ml/min/1.73 m^2. Therefore, if eGFR falls below 45 ml/min/1.73 m^2, additional glucose lowering treatment should be considered if needed (see sections 4.4, 4.8, 5.1 and 5.2).

Hepatic impairment
No dose adjustment is required for patients with hepatic impairment. Empagliflozin exposure is increased in patients with severe hepatic impairment. Therapeutic experience in patients with severe hepatic impairment is limited and therefore not recommended for use in this population (see section 5.2).

Elderly
No dose adjustment is recommended based on age. In patients 75 years and older, an increased risk for volume depletion should be taken into account (see sections 4.4 and 4.8).

Paediatric population
The safety and efficacy of empagliflozin in children and adolescents has not yet been established. No data are available.

Method of administration
The tablets can be taken with or without food, swallowed whole with water

4.3 Contraindications:
Hypersensitivity to the active substance or to any of the excipients

4.4 Special warning and precaution for use:

Ketoacidosis

Cases of ketoacidosis, including life-threatening and fatal cases, have been reported in patients with diabetes mellitus treated with SGLT2 inhibitors, including empagliflozin. In a number of cases, the presentation of the condition was atypical with only moderately increased blood glucose values, below 14 mmol/l (250 mg/dl). It is not known if ketoacidosis is more likely to occur with higher doses of empagliflozin. Although ketoacidosis is less likely to occur in patients without diabetes mellitus, cases have also been reported in these patients.
The risk of ketoacidosis must be considered in the event of non-specific symptoms such as nausea, vomiting, anorexia, abdominal pain, excessive thirst, difficulty breathing, confusion, unusual fatigue or sleepiness. Patients should be assessed for ketoacidosis immediately if these symptoms occur, regardless of blood glucose level.
In patients where ketoacidosis is suspected or diagnosed, treatment with empagliflozin should be discontinued immediately.
Treatment should be interrupted in patients who are hospitalised for major surgical procedures or acute serious medical illnesses. Monitoring of ketones is recommended in these patients. Measurement of blood ketone levels is preferred to urine. Treatment with empagliflozin may be restarted when the ketone values are normal and the patient's condition has stabilised.
Before initiating empagliflozin, factors in the patient history that may predispose to ketoacidosis should be considered.
Patients who may be at higher risk of ketoacidosis include patients with a low beta-cell function reserve (e.g. type 2 diabetes patients with low C-peptide or latent autoimmune diabetes in adults (LADA) or patients with a history of pancreatitis), patients with conditions that lead to restricted food intake or severe dehydration, patients for whom insulin doses are reduced and patients with increased insulin requirements due to acute medical illness, surgery or alcohol abuse. SGLT2 inhibitors should be used with caution in these patients.
Restarting SGLT2 inhibitor treatment in patients with previous ketoacidosis while on SGLT2 inhibitor treatment is not recommended, unless another clear precipitating factor is identified and resolved.
EMPAGOOD 10 should not be used in patients with type 1 diabetes. Data from a clinical trial program in patients with type 1 diabetes showed increased ketoacidosis occurrence with common frequency in patients treated with empagliflozin 10 mg and 25 mg as an adjunct to insulin compared to placebo.

Renal impairment
Due to limited experience, it is not recommended to initiate treatment with empagliflozin in patients with an eGFR <20 ml/min/1.73 m^2.
In patients with an eGFR <60 ml/min/1.73 m^2 the daily dose of empagliflozin is 10 mg (see section 4.2).
The glucose lowering efficacy of empagliflozin is dependent on renal function, and is reduced in patients with an eGFR <45 ml/min/1.73 m^2 and is likely absent in patients with an eGFR <30 ml/min/1.73 m^2 (see section 4.2, 5.1 and 5.2).

Monitoring of renal function
Assessment of renal function is recommended as follows:

- Prior to empagliflozin initiation and periodically during treatment, i.e. at least yearly (see sections 4.2, 4.8, 5.1 and 5.2).
- Prior to initiation of any concomitant medicinal product that may have a negative impact on renal function.

Risk for volume depletion
Based on the mode of action of SGLT2 inhibitors, osmotic diuresis accompanying glucosuria may lead to a modest decrease in blood pressure (see section 5.1). Therefore, caution should be exercised in patients for whom an empagliflozin-induced drop in blood pressure could pose a risk, such as patients with known cardiovascular disease, patients on anti-hypertensive therapy with a history of hypotension or patients aged 75 years and older.
In case of conditions that may lead to fluid loss (e.g. gastrointestinal illness), careful monitoring of volume status (e.g. physical examination, blood pressure measurements, laboratory tests including haematocrit) and electrolytes is recommended for patients receiving empagliflozin. Temporary interruption of treatment with empagliflozin should be considered until the fluid loss is corrected.

Elderly
The effect of empagliflozin on urinary glucose excretion is associated with osmotic diuresis, which could affect the hydration status. Patients aged 75 years and older may be at an increased risk of volume depletion. A higher number of these patients treated with empagliflozin had adverse reactions related to volume depletion as compared to placebo (see section 4.8). Therefore, special attention should be given to their volume intake in case of co-administered medicinal products which may lead to volume depletion (e.g. diuretics, ACE inhibitors).

Complicated urinary tract infections
Cases of complicated urinary tract infections including pyelonephritis and urosepsis have been reported in patients treated with empagliflozin (see section 4.8). Temporary interruption of empagliflozin should be considered in patients with complicated urinary tract infections.

Necrotising fasciitis of the perineum (Fournier's gangrene)
Cases of necrotising fasciitis of the perineum, (also known as Fournier's gangrene), have been reported in female and male patients with diabetes mellitus taking SGLT2 inhibitors. This is a rare but serious and potentially life-threatening event that requires urgent surgical intervention and antibiotic treatment.
Patients should be advised to seek medical attention if they experience a combination of symptoms of pain, tenderness, erythema, or swelling in the genital or perineal area, with fever or malaise. Be aware that either uro-genital infection or perineal abscess may precede necrotising fasciitis. If Fournier's gangrene is suspected, EMPAGOOD 10 should be discontinued and prompt treatment (including antibiotics and surgical debridement) should be instituted.

Lower limb amputations
An increase in cases of lower limb amputation (primarily of the toe) has been observed in long-term clinical studies with another SGLT2 inhibitor.

It is unknown whether this constitutes a class effect. Like for all diabetic patients it is important to counsel patients on routine preventative foot-care.

Hepatic injury
Cases of hepatic injury have been reported with empagliflozin in clinical trials. A causal relationship between empagliflozin and hepatic injury has not been established.

Elevated haematocrit
Haematocrit increase was observed with empagliflozin treatment (see section 4.8). Chronic kidney disease
Patients with albuminuria may benefit more from treatment with empagliflozin. Infiltrative disease or Takotsubo cardiomyopathy
Patients with infiltrative disease or with Takotsubo cardiomyopathy have not been specifically studied. Therefore, efficacy in these patients has not been established.

Urine laboratory assessments
Due to its mechanism of action, patients taking EMPAGOOD 10 will test positive for glucose in their urine.

Interference with 1,5-anhydroglucitol (1,5-AG) assay
Monitoring glycaemic control with 1,5-AG assay is not recommended as measurements of 1,5-AG are unreliable in assessing glycaemic control in patients taking SGLT2 inhibitors. Use of alternative methods to monitor glycaemic control is advised.

Lactose
The tablets contain lactose. Patients with rare hereditary problems of galactose intolerance, total lactase deficiency, or glucose-galactose malabsorption should not take this medicinal product.
Sodium
Each tablet contains less than 1 mmol sodium (23 mg), that is to say essentially 'sodium free'.

4.5 Interaction with other medicinal products and other forms of interaction:

Pharmacodynamic interactions

Diuretics
Empagliflozin may add to the diuretic effect of thiazide and loop diuretics and may increase the risk of dehydration and hypotension (see section 4.4).

Insulin and insulin secretagogues
Insulin and insulin secretagogues, such as sulphonylureas, may increase the risk of hypoglycaemia. Therefore, a lower dose of insulin or an insulin secretagogue may be required to reduce the risk of hypoglycaemia when used in combination with empagliflozin (see sections 4.2 and 4.8).

Pharmacokinetic interactions

Effects of other medicinal products on empagliflozin

In vitro data suggest that the primary route of metabolism of empagliflozin in humans is glucuronidation by uridine 5'-diphosphoglucuronosyltransferases UGT1A3, UGT1A8, UGT1A9, and UGT2B7. Empagliflozin is a substrate of the human uptake transporters OAT3, OATP1B1, and OATP1B3, but not OAT1 and OCT2. Empagliflozin is a substrate of P-glycoprotein (P-gp) and breast cancer resistance protein (BCRP).

Co-administration of empagliflozin with probenecid, an inhibitor of UGT enzymes and OAT3, resulted in a 26% increase in peak empagliflozin plasma concentrations (C_{max}) and a 53% increase in area under the concentration-time curve (AUC). These changes were not considered to be clinically meaningful.

The effect of UGT induction (e.g. induction by rifampicin or phenytoin) on empagliflozin has not been studied. Co-treatment with known inducers of UGT enzymes is not recommended due to a potential risk of decreased efficacy. If an inducer of these UGT enzymes must be co-administered, monitoring of glycaemic control to assess response to EMPAGOOD 10 is appropriate.

An interaction study with gemfibrozil, an *in vitro* inhibitor of OAT3 and OATP1B1/1B3 transporters, showed that empagliflozin C_{max} increased by 15% and AUC increased by 59% following co-administration. These changes were not considered to be clinically meaningful.

Inhibition of OATP1B1/1B3 transporters by co-administration with rifampicin resulted in a 75% increase in C_{max} and a 35% increase in AUC of empagliflozin. These changes were not considered to be clinically meaningful.

Empagliflozin exposure was similar with and without co-administration with verapamil, a P-gp inhibitor, indicating that inhibition of P-gp does not have any clinically relevant effect on empagliflozin.

Interaction studies suggest that the pharmacokinetics of empagliflozin were not influenced by co-administration with metformin, glimepiride, pioglitazone, sitagliptin, linagliptin, warfarin, verapamil, ramipril, simvastatin, torasemide and hydrochlorothiazide.

Effects of empagliflozin on other medicinal products

Empagliflozin may increase renal lithium excretion and the blood lithium levels may be decreased. Serum concentration of lithium should be monitored more frequently after empagliflozin initiation and dose changes. Please refer the patient to the lithium prescribing doctor in order to monitor serum concentration of lithium.

Based on *in vitro* studies, empagliflozin does not inhibit, inactivate, or induce CYP450 isoforms. Empagliflozin does not inhibit UGT1A1, UGT1A3, UGT1A8, UGT1A9, or UGT2B7. Drug-drug interactions involving the major CYP450 and UGT isoforms with empagliflozin and concomitantly administered substrates of these enzymes are therefore considered unlikely.

Empagliflozin does not inhibit P-gp at therapeutic doses. Based on in vitro studies, empagliflozin is considered unlikely to cause interactions with active substances that are P-gp substrates. Co-administration of digoxin, a P-gp substrate, with empagliflozin resulted in a

6% increase in AUC and 14% increase in C_{max} of digoxin. These changes were not considered to be clinically meaningful.
Empagliflozin does not inhibit human uptake transporters such as OAT3, OATP1B1, and OATP1B3 *in vitro* at clinically relevant plasma concentrations and, as such, drug-drug interactions with substrates of these uptake transporters are considered unlikely.
Interaction studies conducted in healthy volunteers suggest that empagliflozin had no clinically relevant effect on the pharmacokinetics of metformin, glimepiride, pioglitazone, sitagliptin, linagliptin, simvastatin, warfarin, ramipril, digoxin, diuretics and oral contraceptives.

4.6 Fertility, pregnancy and lactation

Pregnancy
There are no data from the use of empagliflozin in pregnant women. Animal studies show that empagliflozin crosses the placenta during late gestation to a very limited extent but do not indicate direct or indirect harmful effects with respect to early embryonic development. However, animal studies have shown adverse effects on postnatal development (see section 5.3). As a precautionary measure, it is preferable to avoid the use of EMPAGOOD 10 during pregnancy.

Breast-feeding
No data in humans are available on excretion of empagliflozin into milk. Available toxicological data in animals have shown excretion of empagliflozin in milk. A risk to the newborns/infants cannot be excluded. EMPAGOOD 10 should not be used during breast-feeding.

Fertility
No studies on the effect on human fertility have been conducted for EMPAGOOD 10. Animal studies do not indicate direct or indirect harmful effects with respect to fertility

4.7 Effects on ability to drive and use machines

EMPAGOOD 10 has minor influence on the ability to drive and use machines. Patients should be advised to take precautions to avoid hypoglycaemia while driving and using machines, in particular when EMPAGOOD 10 is used in combination with a sulphonylurea and/or insulin.

4.8 Undesirable effects:

Summary of the safety profile

Type 2 diabetes mellitus
A total of 15 582 patients with type 2 diabetes were included in clinical studies to evaluate the safety of empagliflozin, of which 10 004 patients

received empagliflozin, either alone or in combination with metformin, a sulphonylurea, pioglitazone, DPP-4 inhibitors, or insulin.
In 6 placebo-controlled trials of 18 to 24 weeks duration, 3 534 patients were included of which 1 183 were treated with placebo and 2 351 with empagliflozin. The overall incidence of adverse events in patients treated with empagliflozin was similar to placebo. The most frequently reported adverse reaction was hypoglycaemia when used with sulphonylurea or insulin (see description of selected adverse reactions).

Heart failure
The EMPEROR studies included patients with heart failure and either reduced ejection fraction (N=3 726) or preserved ejection fraction (N=5 985) treated with empagliflozin 10 mg or placebo. Approximately half of the patients had type 2 diabetes mellitus. The most frequent adverse reaction of the pooled EMPEROR-Reduced and EMPEROR-Preserved studies was volume depletion (empagliflozin 10 mg: 11.4%. placebo: 9.7%).

Chronic kidney disease
The EMPA-KIDNEY study included patients with chronic kidney disease (N = 6 609) treated with 10 mg empagliflozin or placebo. About 44% of the patients had type 2 diabetes mellitus. The most frequent adverse events in the EMPA-KIDNEY study were gout (empagliflozin 7.0% vs placebo 8.0%), and acute kidney injury (empagliflozin 2.8% vs placebo 3.5%) which were more frequently reported in patients on placebo.
The overall safety profile of empagliflozin was generally consistent across the studied indications.

Tabulated list of adverse reactions
Adverse reactions classified by system organ class and MedDRA preferred terms reported in patients who received empagliflozin in placebo-controlled studies are presented in the table below (Table 1).
The adverse reactions are listed by absolute frequency. Frequencies are defined as very common (≥1/10), common (≥1/100 to <1/10), uncommon (≥1/1 000 to <1/100), rare (≥1/10 000 to <1/1 000), or very rare (<1/10 000), and not known (cannot be estimated from the available data).
Table 1: Tabulated list of adverse reactions (MedDRA) from reported placebo-controlled studies and from post-marketing experience

System organ class	**Very common**	**Common**	**Uncommon**	**Rare**	**Very Rare**

Infections and infestations		Vaginal moniliasis, vulvovaginitis, balanitis and other genital infection[a] Urinary tract infection (including pyelonephritis and urosepsis)[a]		Necrotising fasciitis of the perineum (Fournier's gangrene)*	
Metabolism and nutrition	Hypoglycaemia (when used with	Thirst	Ketoacidosis*		

disorders	sulphonylurea or insulin)[a]				
Gastrointestinal disorders		Constipation			
Skin and subcutaneous tissue disorders		Pruritus (generalised) Rash	Urticaria Angioedema		
Vascular disorders	Volume depletion[a]				
Renal and urinary disorders		Increased urination[a]	Dysuria		Tubulointerstitial nephritis
Investigations		Serum lipids increased[a]	Blood creatinine increased/ Glomerular filtration rate decreased[a] Haematocrit increased[a]		

[a] see subsections below for additional information
* see section 4.4

Description of selected adverse reactions

Hypoglycaemia

The frequency of hypoglycaemia depended on the background therapy in the respective studies and was similar for empagliflozin and placebo as monotherapy, add-on to metformin, add-on to pioglitazone with or without metformin, as add-on to linagliptin and metformin, and as adjunct to

standard care therapy and for the combination of empagliflozin with metformin in drug-naïve patients compared to those treated with empagliflozin and metformin as individual components. An increased frequency was noted when given as add-on to metformin and a sulphonylurea (empagliflozin 10 mg: 16.1%, empagliflozin 25 mg: 11.5%, placebo: 8.4%), add-on to basal insulin with or without metformin and with or without a sulphonylurea (empagliflozin 10 mg: 19.5%, empagliflozin 25 mg: 28.4%, placebo: 20.6% during initial 18 weeks treatment when insulin could not be adjusted; empagliflozin 10 mg and 25 mg: 36.1%, placebo 35.3% over the 78-week trial), and add-on to MDI insulin with or without metformin (empagliflozin 10 mg: 39.8%, empagliflozin 25 mg: 41.3%, placebo: 37.2% during initial 18 weeks treatment when insulin could not be adjusted; empagliflozin 10 mg: 51.1%, empagliflozin 25 mg: 57.7%, placebo: 58% over the 52-week trial).
In the EMPEROR heart failure studies, similar frequency of hypoglycaemia was noted when used add-on to sulphonylurea or insulin (empagliflozin 10 mg: 6.5%, placebo: 6.7%).
Major hypoglycaemia (events requiring assistance)
No increase in major hypoglycaemia was observed with empagliflozin compared to placebo as monotherapy, add-on to metformin, add-on to metformin and a sulphonylurea, add-on to pioglitazone with or without metformin, add-on to linagliptin and metformin, as adjunct to standard care therapy and for the combination of empagliflozin with metformin in drug-naïve patients compared to those treated with empagliflozin and metformin as individual components. An increased frequency was noted when given as add-on to basal insulin with or without metformin and with or without a sulphonylurea (empagliflozin 10 mg: 0%, empagliflozin 25 mg: 1.3%, placebo: 0% during initial 18 weeks treatment when insulin
could not be adjusted; empagliflozin 10 mg: 0%, empagliflozin 25 mg: 1.3%, placebo 0% over the 78-week trial), and add-on to MDI insulin with or without metformin (empagliflozin 10 mg: 0.5%, empagliflozin 25 mg: 0.5%, placebo: 0.5% during initial 18 weeks treatment when insulin could not be adjusted; empagliflozin 10 mg: 1.6%, empagliflozin 25 mg: 0.5%, placebo: 1.6% over the 52-week trial).
In the EMPEROR heart failure studies, major hypoglycaemia was observed at similar frequencies in patients with diabetes mellitus when treated with empagliflozin and placebo as add-on to sulphonylurea or insulin (empagliflozin 10 mg: 2.2%, placebo: 1.9%).

Vaginal moniliasis, vulvovaginitis, balanitis and other genital infection
Vaginal moniliasis, vulvovaginitis, balanitis and other genital infections were reported more frequently in patients treated with empagliflozin (empagliflozin 10 mg: 4.0%, empagliflozin 25 mg: 3.9%) compared to placebo (1.0%). These infections were reported more frequently in females treated with empagliflozin compared to placebo, and the difference in frequency was less pronounced in males. The genital tract infections were mild or moderate in intensity.
In the EMPEROR heart failure studies, the frequency of these infections was more pronounced in patients with diabetes mellitus (empagliflozin 10 mg:

2.3%; placebo: 0.8%) than in patients without diabetes mellitus (empagliflozin 10 mg: 1.7%; placebo: 0.7%) when treated with empagliflozin compared to placebo.

Increased urination
Increased urination (including the predefined terms pollakiuria, polyuria, and nocturia) was observed at higher frequencies in patients treated with empagliflozin (empagliflozin 10 mg: 3.5%, empagliflozin 25 mg: 3.3%) compared to placebo (1.4%). Increased urination was mostly mild or moderate in intensity. The frequency of reported nocturia was similar for placebo and empagliflozin (<1%).
In the EMPEROR heart failure studies, increased urination was observed at similar frequencies in patients treated with empagliflozin and placebo (empagliflozin 10 mg: 0.9%, placebo 0.5%).

Urinary tract infection
The overall frequency of urinary tract infection reported as adverse event was similar in patients treated with empagliflozin 25 mg and placebo (7.0% and 7.2%) and higher in empagliflozin 10 mg (8.8%). Similar to placebo, urinary tract infection was reported more frequently for empagliflozin in patients with a history of chronic or recurrent urinary tract infections. The intensity (mild, moderate, severe) of urinary tract infection was similar in patients treated with empagliflozin and placebo. Urinary tract infection was reported more frequently in females treated with empagliflozin compared to placebo; there was no difference in males.

Volume depletion
The overall frequency of volume depletion (including the predefined terms blood pressure (ambulatory) decreased, blood pressure systolic decreased, dehydration, hypotension, hypovolaemia, orthostatic hypotension, and syncope) was similar in patients treated with empagliflozin (empagliflozin 10 mg: 0.6%, empagliflozin 25 mg: 0.4%) and placebo (0.3%). The frequency of volume depletion events was increased in patients 75 years and older treated with empagliflozin 10 mg (2.3%) or empagliflozin 25 mg (4.3%) compared to placebo (2.1%).

Blood creatinine increased/ Glomerular filtration rate decreased
The overall frequency of patients with increased blood creatinine and decreased glomerular filtration rate were similar between empagliflozin and placebo (blood creatinine increased: empagliflozin 10 mg 0.6%, empagliflozin 25 mg 0.1%, placebo 0.5%; glomerular filtration rate decreased: empagliflozin 10 mg 0.1%, empagliflozin 25 mg 0%, placebo 0.3%).
Initial increases in creatinine and initial decreases in estimated glomerular filtration rates in patients treated with empagliflozin were generally transient during continuous treatment or reversible after drug discontinuation of treatment.
Consistently, in the EMPA-REG OUTCOME study, patients treated with empagliflozin experienced an initial fall in eGFR (mean: 3 ml/min/1.73 m^2).

Thereafter, eGFR was maintained during continued treatment. Mean eGFR returned to baseline after treatment discontinuation suggesting acute haemodynamic changes may play a role in these renal function changes. This phenomenon is also observed in the EMPEROR heart failure studies and the EMPA-KIDNEY study.

Serum lipids increased
Mean percent increases from baseline for empagliflozin 10 mg and 25 mg versus placebo, respectively, were total cholesterol 4.9% and 5.7% versus 3.5%; HDL-cholesterol 3.3% and
3.6% versus 0.4 %; LDL-cholesterol 9.5% and 10.0% versus 7.5%; triglycerides 9.2% and
9.9% versus 10.5%.

Haematocrit increased
Mean changes from baseline in haematocrit were 3.4% and 3.6% for empagliflozin 10 mg and 25 mg, respectively, compared to 0.1% for placebo. In the EMPA-REG Outcome study, haematocrit values returned towards baseline values after a follow-up period of 30 days after treatment stop.

Reporting of adverse Effects

Healthcare professionals are requested to report any suspected adverse reactions via the Pharmacy and Poisons Reporting System (PvERS) https://pv.pharmacyboardkenya.org

4.9 Overdose:

Symptoms
In controlled clinical studies single doses of up to 800 mg empagliflozin in healthy volunteers and multiple daily doses of up to 100 mg empagliflozin in patients with type 2 diabetes did not show any toxicity. Empagliflozin increased urine glucose excretion leading to an increase in urine volume. The observed increase in urine volume was not dose-dependent and is not clinically meaningful. There is no experience with doses above 800 mg in humans.

Therapy
In the event of an overdose, treatment should be initiated as appropriate to the patient's clinical status. The removal of empagliflozin by haemodialysis has not been studied.

5. Pharmacological Particulars:

5.1 Pharmacodynamic properties

Pharmacotherapeutic group: Drugs used in diabetes, Sodium-glucose co-

transporter 2 (SGLT2) inhibitors, ATC code: A10BK03

Mechanism of action

Empagliflozin is a reversible, highly potent (IC50 of 1.3 nmol) and selective competitive inhibitor of sodium-glucose co-transporter 2 (SGLT2). Empagliflozin does not inhibit other glucose transporters important for glucose transport into peripheral tissues and is 5 000 times more selective for SGLT2 versus SGLT1, the major transporter responsible for glucose absorption in the gut. SGLT2 is highly expressed in the kidney, whereas expression in other tissues is absent or very low. It is responsible, as the predominant transporter, for the reabsorption of glucose from the glomerular filtrate back into the circulation. In patients with type 2 diabetes and hyperglycaemia a higher amount of glucose is filtered and reabsorbed.

Empagliflozin improves glycaemic control in patients with type 2 diabetes by reducing renal glucose reabsorption. The amount of glucose removed by the kidney through this glucuretic mechanism is dependent on blood glucose concentration and GFR. Inhibition of SGLT2 in patients with type 2 diabetes and hyperglycaemia leads to excess glucose excretion in the urine. In addition, initiation of empagliflozin increases excretion of sodium resulting in osmotic diuresis and reduced intravascular volume.

In patients with type 2 diabetes, urinary glucose excretion increased immediately following the first dose of empagliflozin and is continuous over the 24 hour dosing interval. Increased urinary glucose excretion was maintained at the end of the 4-week treatment period, averaging approximately 78 g/day. Increased urinary glucose excretion resulted in an immediate reduction in plasma glucose levels in patients with type 2 diabetes. Empagliflozin improves both fasting and post-prandial plasma glucose levels. The mechanism of action of empagliflozin is independent of beta cell function and insulin pathway and this contributes to a low risk of hypoglycaemia. Improvement of surrogate markers of beta cell function including Homeostasis Model Assessment-β (HOMA-β) was noted. In addition, urinary glucose excretion triggers calorie loss, associated with body fat loss and body weight reduction. The glucosuria observed with empagliflozin is accompanied by diuresis which may contribute to sustained and moderate reduction of blood pressure.

Empagliflozin also reduces sodium reabsorption and increases the delivery of sodium to the distal tubule. This may influence several physiological functions including, but not restricted to: increasing tubuloglomerular feedback and reducing intraglomerular pressure, lowering both pre- and afterload of the heart, downregulating of sympathetic activity and reducing left ventricular wall stress as evidenced by lower NT-proBNP values which may have beneficial effects on cardiac remodeling, filling pressures and diastolic function as well as preserving kidney structure and function. Other effects such as an increase in haematocrit, a reduction in body weight and blood pressure may further contribute to the beneficial cardiac and renal effects.

Clinical efficacy and safety Type 2 diabetes mellitus

Both improvement of glycaemic control and reduction of cardiovascular morbidity and mortality are an integral part of the treatment of type 2 diabetes.
Glycaemic efficacy and cardiovascular outcomes have been assessed in a total of 14 663 patients with type 2 diabetes who were treated in 12 double-blind, placebo- and active-controlled clinical studies, of which 9 295 received empagliflozin (empagliflozin 10 mg: 4
165 patients; empagliflozin 25 mg: 5 130 patients). Five studies had treatment durations of 24 weeks; extensions of those and other studies had patients exposed to empagliflozin for up to 102 weeks.
Treatment with empagliflozin as monotherapy and in combination with metformin, pioglitazone, a sulphonylurea, DPP-4 inhibitors, and insulin lead to clinically relevant improvements in HbA1c, fasting plasma glucose (FPG), body weight, and systolic and diastolic blood pressure. Administration of empagliflozin 25 mg resulted in a higher proportion of patients achieving HbA1c goal of less than 7% and fewer patients needing glycaemic rescue compared to empagliflozin 10 mg and placebo. Higher baseline HbA1c was associated with a greater reduction in HbA1c. In addition, empagliflozin as adjunct to standard care therapy reduced cardiovascular mortality in patients with type 2 diabetes and established cardiovascular disease.

Monotherapy
The efficacy and safety of empagliflozin as monotherapy was evaluated in a double-blind, placebo- and active-controlled study of 24 weeks duration in treatment-naïve patients.
Treatment with empagliflozin resulted in a statistically significant ($p<0.0001$) reduction in HbA1c compared to placebo (Table 2) and a clinically meaningful decrease in FPG.
In a pre-specified analysis of patients (N=201) with a baseline HbA1c ≥8.5%, treatment resulted in a reduction in HbA1c from baseline of -1.44% for empagliflozin 10 mg, -1.43% for empagliflozin 25 mg, -1.04% for sitagliptin, and an increase of 0.01% for placebo.
In the double-blind placebo-controlled extension of this study, reductions of HbA1c, body weight and blood pressure were sustained up to Week 76.
Table 2: Efficacy results of a 24 week placebo-controlled study of empagliflozin as monotherapy[a]

	Placebo	**EMPAGOOD 10**		**Sitagliptin**
		10 mg	**25 mg**	**100 mg**
N	228	224	224	223
HbA1c (%)				
Baseline (mean)	7.91	7.87	7.86	7.85
Change from baseline[1]	0.08	-0.66	-0.78	-0.66
Difference from placebo[1] (97.5% CI)		-0.74* (-0.90, -0.57)	-0.85* (-1.01, -0.69)	-0.73 (-0.88, -0.59)[3]
N	208	204	202	200

Patients (%) achieving HbA1c <7% with baseline HbA1c ≥7%[2]	12.0	35.3	43.6	37.5
N	228	224	224	223
Body Weight (kg)				
Baseline (mean)	78.23	78.35	77.80	79.31
Change from baseline[1]	-0.33	-2.26	-2.48	0.18
Difference from placebo[1] (97.5% CI)		-1.93* (-2.48, -1.38)	-2.15* (-2.70,-1.60)	0.52 (-0.04, 1.00)[3]
N	228	224	224	223
SBP (mmHg)[4]				
Baseline (mean)	130.4	133.0	129.9	132.5
Change from baseline[1]	-0.3	-2.9	-3.7	0.5
Difference from placebo[1] (97.5% CI)		-2.6* (-5.2, -0.0)	-3.4* (-6.0, -0.9)	0.8 (-1.4, 3.1)[3]

[a] Full analysis set (FAS) using last observation carried forward (LOCF) prior to glycaemic rescue therapy
[1] Mean adjusted for baseline value
[2] Not evaluated for statistical significance as a result of the sequential confirmatory testing procedure
[3] 95% CI
[4] LOCF, values after antihypertensive rescue censored
*p-value <0.0001
Combination
therapy

Empagliflozin as add-on to metformin, sulphonylurea, pioglitazone
Empagliflozin as add-on to metformin, metformin and a sulphonylurea, or pioglitazone with or without metformin resulted in statistically significant (p<0.0001) reductions in HbA1c and body weight compared to placebo (Table 3). In addition it resulted in a clinically meaningful reduction in FPG, systolic and diastolic blood pressure compared to placebo.
In the double-blind placebo-controlled extension of these studies, reduction of HbA1c, body weight and blood pressure were sustained up to Week 76.
Table 3: Efficacy results of 24 week placebo-controlled studies[a]

Add-on to metformin therapy			
	Placebo	**EMPAGOOD 10**	
		10 mg	**25 mg**
N	207	217	213
HbA1c (%)			
Baseline (mean)	7.90	7.94	7.86

Change from baseline[1]	-0.13	-0.70	-0.77
Difference from placebo[1] (97.5% CI)		-0.57* (-0.72, -0.42)	-0.64* (-0.79, -0.48)
N	184	199	191
Patients (%) achieving HbA1c <7% with baseline HbA1c ≥7%[2]	12.5	37.7	38.7

N	207	217	213
Body Weight (kg)			
Baseline (mean)	79.73	81.59	82.21
Change from baseline[1]	-0.45	-2.08	-2.46
Difference from placebo[1] (97.5% CI)		-1.63* (-2.17, -1.08)	-2.01* (-2.56, -1.46)
N	207	217	213
SBP (mmHg)[2]			
Baseline (mean)	128.6	129.6	130.0
Change from baseline[1]	-0.4	-4.5	-5.2
Difference from placebo[1] (95% CI)		-4.1* (-6.2, -2.1)	-4.8* (-6.9, -2.7)
Add-on to metformin and a sulphonylurea therapy			
	Placebo	**EMPAGOOD 10**	
		10 mg	**25 mg**
N	225	225	216
HbA1c (%)			
Baseline (mean)	8.15	8.07	8.10
Change from baseline[1]	-0.17	-0.82	-0.77
Difference from placebo[1] (97.5% CI)		-0.64* (-0.79, -0.49)	-0.59* (-0.74, -0.44)
N	216	209	202
Patients (%) achieving HbA1c <7% with baseline HbA1c ≥7%[2]	9.3	26.3	32.2
N	225	225	216
Body Weight (kg)			
Baseline (mean)	76.23	77.08	77.50
Change from baseline[1]	-0.39	-2.16	-2.39
Difference from placebo[1] (97.5% CI)		-1.76* (-2.25, -1.28)	-1.99* (-2.48, -1.50)
N	225	225	216
SBP (mmHg)[2]			
Baseline (mean)	128.8	128.7	129.3
Change from baseline[1]	-1.4	-4.1	-3.5
Difference from placebo[1] (95% CI)		-2.7 (-4.6, -0.8)	-2.1 (-4.0, -0.2)
Add-on to pioglitazone +/- metformin therapy			
	Placebo	**EMPAGOOD 10**	
		10 mg	**25 mg**
N	165	165	168

HbA1c (%)			
Baseline (mean)	8.16	8.07	8.06
Change from baseline[1]	-0.11	-0.59	-0.72
Difference from placebo[1] (97.5% CI)		-0.48* (-0.69, -0.27)	-0.61* (-0.82, -0.40)
N	155	151	160
Patients (%) achieving HbA1c <7% with baseline HbA1c ≥7%[2]	7.7	24	30
N	165	165	168
Body Weight (kg)			
Baseline (mean)	78.1	77.97	78.93
Change from baseline[1]	0.34	-1.62	-1.47
Difference from placebo[1] (97.5% CI)		-1.95* (-2.64, -1.27)	-1.81* (-2.49, -1.13)
N	165	165	168
SBP (mmHg)[3]			
Baseline (mean)	125.7	126.5	126
Change from baseline[1]	0.7	-3.1	-4.0
Difference from placebo[1] (95% CI)		-3.9 (-6.23, -1.50)	-4.7 (-7.08, -2.37)

[a] Full analysis set (FAS) using last observation carried forward (LOCF) prior to glycaemic rescue therapy
[1] Mean adjusted for baseline value
[2] Not evaluated for statistical significance as a result of the sequential confirmatory testing procedure
[3] LOCF, values after antihypertensive rescue censored
* p-value <0.0001

In combination with metformin in drug-naïve patients
A factorial design study of 24 weeks duration was conducted to evaluate the efficacy and safety of empagliflozin in drug-naïve patients. Treatment with empagliflozin in combination with metformin (5 mg and 500 mg; 5 mg and 1 000 mg; 12.5 mg and 500 mg, and 12.5 mg and 1 000 mg given twice daily) provided statistically significant improvements in HbA1c (Table 4) and led to greater reductions in FPG (compared to the individual components) and body weight (compared to metformin).
Table 4: Efficacy results at 24 week comparing empagliflozin in combination with metformin to the individual components[a]

	Empagliflozin 10 mg[b]			Empagliflozin 25 mg[b]			Metformin[c]	
	+ Met 1 000	+ Met 2 000	No Met	+ Met 1 000	+ Met 2 000	No Met	1 000	2 000 mg

	mg[c]	mg[c]		mg[c]	mg[c]		mg	
N	161	167	169	165	169	163	167	162
HbA1c (%)								
Baseline (mean)	8.68	8.65	8.62	8.84	8.66	8.86	8.69	8.55
Change from baseline[1]	-1.98	-2.07	-1.35	-1.93	-2.08	-1.36	-1.18	-1.75
Comparison vs. empa (95% CI)[1]	-0.63* (-0.86, -0.40)	-0.72* (-0.96, -0.49)		-0.57* (-0.81, -0.34)	-0.72* (-0.95, -0.48)			
Comparison vs. met (95% CI)[1]	-0.79* (-1.03, -0.56)	-0.33* (-0.56, -0.09)		-0.75* (-0.98 -0.51)	-0.33* (-0.56, -0.10)			

Met = metformin; empa = empagliflozin
[1] mean adjusted for baseline value
[a] Analyses were performed on the full analysis set (FAS) using an observed cases (OC) approach
[b] Given in two equally divided doses per day when given together with metformin
[c] Given in two equally divided doses per day
*p≤0.0062 for HbA1c

Empagliflozin in patients inadequately controlled with metformin and linagliptin
In patients inadequately controlled with metformin and linagliptin 5 mg, treatment with both empagliflozin 10 mg or 25 mg resulted in statistically significant (p<0.0001) reductions in HbA1c and body weight compared to placebo (Table 5). In addition it resulted in clinically meaningful reductions in FPG, systolic and diastolic blood pressure compared to placebo.
Table 5: Efficacy results of a 24 week placebo-controlled study in patients inadequately controlled with metformin and linagliptin 5 mg

Add-on to metformin and linagliptin 5 mg			
	Placebo[5]	**Empagliflozin[6]**	
		10 mg	**25 mg**
N	106	109	110
HbA1c (%)[3]			
Baseline (mean)	7.96	7.97	7.97
Change from baseline[1]	0.14	-0.65	-0.56
Difference from placebo (95% CI)		-0.79* (-1.02, -0.55)	-0.70* (-0.93, -0.46)
N	100	100	107
Patients (%) achieving HbA1c <7% with baseline HbA1c	17.0	37.0	32.7

≥7%[2]			
N	106	109	110
Body Weight (kg)[3]			
Baseline (mean)	82.3	88.4	84.4
Change from baseline[1]	-0.3	-3.1	-2.5
Difference from placebo (95% CI)		-2.8* (-3.5, -2.1)	-2.2* (-2.9, -1.5)
N	106	109	110
SBP (mmHg)[4]			
Baseline (mean)	130.1	130.4	131.0
Change from baseline[1]	-1.7	-3.0	-4.3
Difference from placebo (95% CI)		-1.3 (-4.2, 1.7)	-2.6 (-5.5, 0.4)

[1] Mean adjusted for baseline value

[2] Not evaluated for statistical significance; not part of sequential testing procedure for the secondary endpoints

[3] MMRM model on FAS (OC) included baseline HbA1c, baseline eGFR (MDRD), geographical region, visit, treatment, and treatment by visit interaction. For weight, baseline weight was included.

[4] MMRM model included baseline SBP and baseline HbA1c as linear covariate(s), and baseline eGFR, geographical region, treatment, visit, and visit by treatment interaction as fixed effects.

[5] Patients randomised to the placebo group were receiving the placebo plus linagliptin 5 mg with background metformin

[6] Patients randomised to the empagliflozin 10 mg or 25 mg groups were receiving empagliflozin 10 mg or 25 mg and linagliptin 5 mg with background metformin

* p-value <0.0001

In a pre-specified subgroup of patients with baseline HbA1c greater or equal than 8.5% the reduction from baseline in HbA1c was -1.3% with empagliflozin 10 mg or 25 mg at 24 weeks (p<0.0001) compared to placebo.

Empagliflozin 24 months data, as add-on to metformin in comparison to glimepiride

In a study comparing the efficacy and safety of empagliflozin 25 mg versus glimepiride (up to 4 mg per day) in patients with inadequate glycaemic control on metformin alone, treatment with empagliflozin daily resulted in superior reduction in HbA1c (Table 6), and a clinically meaningful reduction in FPG, compared to glimepiride. Empagliflozin daily resulted in a statistically significant reduction in body weight, systolic and diastolic blood pressure and a statistically significantly lower proportion of patients with hypoglycaemic events compared to glimepiride (2.5% for empagliflozin, 24.2% for glimepiride, p<0.0001).

Table 6: Efficacy results at 104 week in an active controlled study comparing empagliflozin to glimepiride as add-on to metformin[a]

	Empagliflozin 25 mg	**Glimepiride[b]**
N	765	780
HbA1c (%)		

Baseline (mean)	7.92	7.92

Change from baseline[1]	-0.66	-0.55
Difference from glimepiride[1] (97.5% CI)	-0.11* (-0.20, -0.01)	
N	690	715
Patients (%) achieving HbA1c <7% with baseline HbA1c ≥7%[2]	33.6	30.9
N	765	780
Body Weight (kg)		
Baseline (mean)	82.52	83.03
Change from baseline[1]	-3.12	1.34
Difference from glimepiride[1] (97.5% CI)	-4.46** (-4.87, -4.05)	
N	765	780
SBP (mmHg)[2]		
Baseline (mean)	133.4	133.5
Change from baseline[1]	-3.1	2.5
Difference from glimepiride[1] (97.5% CI)	-5.6** (-7.0,-4.2)	

[a] Full analysis set (FAS) using last observation carried forward (LOCF) prior to glycaemic rescue therapy
[b] Up to 4 mg glimepiride
[1] Mean adjusted for baseline value
[2] LOCF, values after antihypertensive rescue censored
* p-value <0.0001 for non-inferiority, and p-value = 0.0153 for superiority
** p-value <0.0001

Add-on to insulin therapy
Empagliflozin as add-on to multiple daily insulin
The efficacy and safety of empagliflozin as add-on to multiple daily insulin with or without concomitant metformin therapy was evaluated in a double-blind, placebo-controlled trial of 52 weeks duration. During the initial 18 weeks and the last 12 weeks, the insulin dose was kept stable, but was adjusted to achieve pre-prandial glucose levels <100 mg/dl [5.5 mmol/l], and post-prandial glucose levels <140 mg/dl [7.8 mmol/l] between Weeks 19 and 40.
At Week 18, empagliflozin provided statistically significant improvement in HbA1c compared with placebo (Table 7).
At Week 52, treatment with empagliflozin resulted in a statistically significant decrease in HbA1c and insulin sparing compared with placebo and a reduction in FPG and body weight.
Table 7: Efficacy results at 18 and 52 weeks in a placebo-controlled study of empagliflozin as add on to multiple daily doses of insulin with or without metformin

	Placebo	**EMPAGOOD 10**	
		10 mg	**25 mg**
N	188	186	189
A1c (%) at week 18			

Baseline (mean)	8.33	8.39	8.29
Change from baseline[1]	-0.50	-0.94	-1.02
Difference from placebo[1] (97.5% CI)		-0.44* (-0.61, -0.27)	-0.52* (-0.69, -0.35)
N	115	119	118
HbA1c (%) at week 52 [2]			
Baseline (mean)	8.25	8.40	8.37
Change from baseline[1]	-0.81	-1.18	-1.27
Difference from placebo[1] (97.5% CI)		-0.38*** (-0.62, -0.13)	-0.46* (-0.70, -0.22)
N	113	118	118
Patients (%) achieving HbA1c <7% with baseline HbA1c ≥7% at week 52	26.5	39.8	45.8
N	115	118	117
Insulin dose (IU/day) at week 52[2]			
Baseline (mean)	89.94	88.57	90.38
Change from baseline[1]	10.16	1.33	-1.06
Difference from placebo[1] (97.5% CI)		-8.83# (-15.69, -1.97)	-11.22** (-18.09, -4.36)
N	115	119	118
Body Weight (kg) at week 52[2]			
Baseline (mean)	96.34	96.47	95.37
Change from baseline[1]	0.44	-1.95	-2.04
Difference from placebo[1] (97.5% CI)		-2.39* (-3.54, -1.24)	-2.48* (-3.63, -1.33)

[1] Mean adjusted for baseline value

[2] Week 19-40: treat-to-target regimen for insulin dose adjustment to achieve predefined glucose target levels (pre-prandial <100 mg/dl (5.5 mmol/l), post-prandial <140 mg/dl (7.8 mmol/l)

* p-value <0.0001

** p-value = 0.0003

*** p-value = 0.0005 # p-value = 0.0040

Empagliflozin as add-on to basal insulin

The efficacy and safety of empagliflozin as add-on to basal insulin with or without metformin and/or a sulphonylurea was evaluated in a double-blind, placebo-controlled trial of 78 weeks duration. During the initial 18 weeks the insulin dose was kept stable, but was adjusted to achieve a FPG <110 mg/dl in the following 60 weeks.

At week 18, empagliflozin provided statistically significant improvement in HbA1c (Table 8).

At 78 weeks, empagliflozin resulted in a statistically significant decrease in HbA1c and insulin sparing compared to placebo. Furthermore, empagliflozin resulted in a reduction in FPG, body weight, and blood pressure.
Table 8: Efficacy results at 18 and 78 weeks in a placebo-controlled study of empagliflozin as add-on to basal insulin with or without metformin or a sulphonylurea[a]

	Placebo	**Empagliflozin 10 mg**	**Empagliflozin 25 mg**
N	125	132	117
HbA1c (%) at week 18			
Baseline (mean)	8.10	8.26	8.34
Change from baseline[1]	-0.01	-0.57	-0.71
Difference from placebo[1] (97.5% CI)		-0.56* (-0.78, -0.33)	-0.70* (-0.93, -0.47)
N	112	127	110
HbA1c (%) at week 78			
Baseline (mean)	8.09	8.27	8.29
Change from baseline[1]	-0.02	-0.48	-0.64
Difference from placebo[1] (97.5% CI)		-0.46* (-0.73, -0.19)	-0.62* (-0.90, -0.34)
N	112	127	110
Basal insulin dose (IU/day) at week 78			
Baseline (mean)	47.84	45.13	48.43
Change from baseline[1]	5.45	-1.21	-0.47
Difference from placebo[1] (97.5% CI)		-6.66** (-11.56, -1.77)	-5.92** (-11.00, -0.85)

[a] Full analysis set (FAS) - Completers using last observation carried forward (LOCF) prior to glycaemic rescue therapy
[1] mean adjusted for baseline value
* p-value <0.0001
** p-value <0.025

Patients with renal impairment, 52 week placebo controlled data

The efficacy and safety of empagliflozin as add-on to antidiabetic therapy was evaluated in patients with renal impairment in a double-blind, placebo-controlled study for 52 weeks.
Treatment with empagliflozin led to a statistically significant reduction of HbA1c (Table 9) and clinically meaningful improvement in FPG compared to placebo at Week 24. The improvement in HbA1c, body weight, and blood pressure was sustained up to 52 weeks.
Table 9: Results at 24 week in a placebo-controlled study of empagliflozin in renally impaired type 2 diabetes patients[a]

	Placebo	**Empagliflozin 10 mg**	**Empagliflozin 25 mg**	**Placebo**	**Empagliflozin 25 mg**
	eGFR ≥60 to <90 ml/min/1.73 m²			**eGFR ≥30 to <60 ml/min/1.73 m²**	
N	95	98	97	187	187
HbA1c (%)					
Baseline (mean)	8.09	8.02	7.96	8.04	8.03
Change from baseline[1]	0.06	-0.46	-0.63	0.05	-0.37
Difference from placebo[1] (95% CI)		-0.52* (-0.72, -0.32)	-0.68* (-0.88, -0.49)		-0.42* (-0.56, -0.28)
N	89	94	91	178	175
Patients (%) achieving HbA1c <7% with baseline HbA1c ≥7%[2]	6.7	17.0	24.2	7.9	12.0
N	95	98	97	187	187
Body Weight (kg) [2]					
Baseline (mean)	86.00	92.05	88.06	82.49	83.22
Change from baseline[1]	-0.33	-1.76	-2.33	-0.08	-0.98
Difference from placebo[1] (95% CI)		-1.43 (-2.09, -0.77)	-2.00 (-2.66, -1.34)		-0.91 (-1.41, -0.41)
N	95	98	97	187	187
SBP (mmHg)[2]					
Baseline (mean)	134.69	137.37	133.68	136.38	136.64
Change from baseline[1]	0.65	-2.92	-4.47	0.40	-3.88
Difference from placebo[1] (95% CI)		-3.57 (-6.86, -0.29)	-5.12 (-8.41, -1.82)		-4.28 (-6.88, -1.68)

[a] Full analysis set (FAS) using last observation carried forward (LOCF) prior to glycaemic rescue therapy
[1] Mean adjusted for baseline value
[2] Not evaluated for statistical significance as a result of the sequential confirmatory testing procedure
* p<0.0001

Cardiovascular outcome

The double-blind, placebo-controlled EMPA-REG OUTCOME study compared pooled doses of empagliflozin 10 mg and 25 mg with placebo as adjunct to standard care therapy in patients with type 2 diabetes and established cardiovascular disease. A total of 7 020 patients were treated (empagliflozin 10 mg: 2 345, empagliflozin 25 mg: 2 342, placebo: 2 333) and followed for a median of 3.1 years. The mean age was 63 years, the mean HbA1c was 8.1%, and 71.5% were male. At baseline, 74% of patients were being treated with metformin, 48% with insulin, and 43% with a sulphonylurea. About half of the patients (52.2%) had an eGFR of 60-90 ml/min/1.73 m^2, 17.8% of 45-60 ml/min/1.73 m^2 and 7.7% of 30-45 ml/min/1.73 m^2.
At week 12, an adjusted mean (SE) improvement in HbA1c when compared to baseline of 0.11% (0.02) in the placebo group, 0.65% (0.02) and 0.71% (0.02) in the empagliflozin 10 and 25 mg groups was observed. After the first 12 weeks glycaemic control was optimized independent of investigative treatment. Therefore the effect was attenuated at week 94, with an adjusted mean (SE) improvement in HbA1c of 0.08% (0.02) in the placebo group, 0.50% (0.02) and 0.55% (0.02) in the empagliflozin 10 and 25 mg groups.
Empagliflozin was superior in preventing the primary combined endpoint of cardiovascular death, non-fatal myocardial infarction, or non-fatal stroke, as compared with placebo. The treatment effect was driven by a significant reduction in cardiovascular death with no significant change in non-fatal myocardial infarction, or non-fatal stroke. The reduction of cardiovascular death was comparable for empagliflozin 10 mg and 25 mg (Figure 1) and confirmed by an improved overall survival (Table 10). The effect of empagliflozin on the primary combined endpoint of CV death, non-fatal MI, or non-fatal stroke was largely independent of glycaemic control or renal function (eGFR) and generally consistent across eGFR categories down to an eGFR of 30 ml/min/1.73 m^2 in the EMPA-REG OUTCOME study.
The efficacy for preventing cardiovascular mortality has not been conclusively established in patients using empagliflozin concomitantly with DPP-4 inhibitors or in Black patients because the representation of these groups in the EMPA-REG OUTCOME study was limited.
Table 10: Treatment effect for the primary composite endpoint, its components and mortality[a]

	Placebo	**Empagliflozin[b]**
N	2 333	4 687
Time to first event of CV death, non-fatal MI, or non-fatal stroke N (%)	282 (12.1)	490 (10.5)
Hazard ratio vs. placebo (95.02% CI)*		0.86 (0.74, 0.99)
p−value for superiority		0.0382
CV Death N (%)	137 (5.9)	172 (3.7)
Hazard ratio vs. placebo (95% CI)		0.62 (0.49, 0.77)
p-value		<0.0001
Non-fatal MI N (%)	121 (5.2)	213 (4.5)
Hazard ratio vs. placebo (95% CI)		0.87 (0.70, 1.09)
p−value		0.2189

Non-fatal stroke N (%)	60 (2.6)	150 (3.2)

Hazard ratio vs. placebo (95% CI)		1.24 (0.92, 1.67)
p−value		0.1638
All-cause mortality N (%)	194 (8.3)	269 (5.7)
Hazard ratio vs. placebo (95% CI)		0.68 (0.57, 0.82)
p-value		<0.0001
Non-CV mortality N (%)	57 (2.4)	97 (2.1)
Hazard ratio vs. placebo (95% CI)		0.84 (0.60, 1.16)

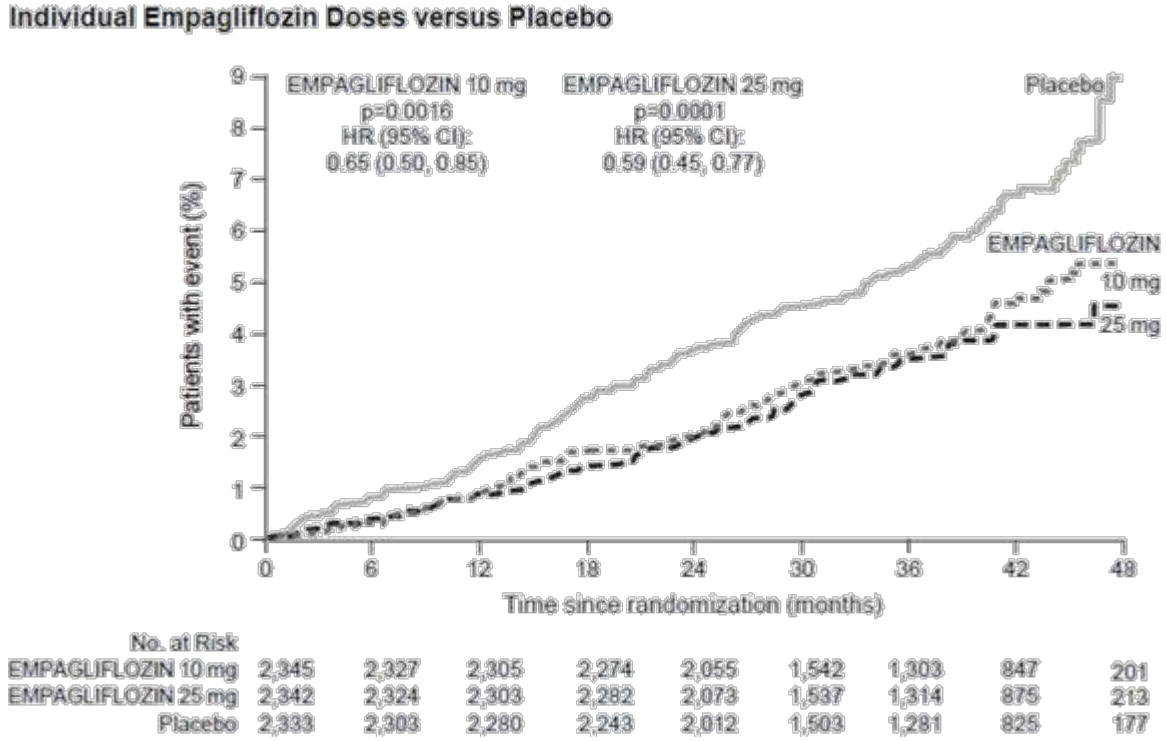
CV = cardiovascular, MI = myocardial infarction

[a] Treated set (TS), i.e. patients who had received at least one dose of study drug

[b] Pooled doses of empagliflozin 10 mg and 25 mg

[*] Since data from the trial were included in an interim analysis, a two-sided 95.02% confidence interval applied which corresponds to a p-value of less than 0.0498 for significance.

Figure 1 Time to occurrence of cardiovascular death in the EMPA-REG OUTCOME study



Heart failure requiring hospitalisation

In the EMPA-REG OUTCOME study, empagliflozin reduced the risk of heart failure requiring hospitalisation compared with placebo (empagliflozin 2.7 %; placebo 4.1 %; HR 0.65, 95 % CI 0.50, 0.85).

Nephropathy

In the EMPA-REG OUTCOME study, for time to first nephropathy event, the HR was 0.61 (95 % CI 0.53, 0.70) for empagliflozin (12.7 %) vs placebo (18.8 %).

In addition, empagliflozin showed a higher (HR 1.82, 95 % CI 1.40, 2.37) occurrence of sustained normo- or micro-albuminuria (49.7 %) in patients with baseline macro-albuminuria compared with placebo (28.8 %).

Fasting plasma glucose

In four placebo-controlled studies, treatment with empagliflozin as monotherapy or add-on therapy to metformin, pioglitazone, or metformin plus a sulphonylurea resulted in mean changes from baseline in FPG of -20.5 mg/dl [-1.14 mmol/l] for empagliflozin 10 mg and -23.2 mg/dl [-1.29 mmol/l] for empagliflozin 25 mg compared to placebo (7.4 mg/dl [0.41 mmol/l]). This effect was observed after 24 weeks and maintained for 76 weeks.

2-hour post-prandial glucose

Treatment with empagliflozin as add-on to metformin or metformin and a sulphonylurea resulted in a clinically meaningful reduction of 2-hour post-prandial glucose (meal tolerance test) at 24 weeks (add-on to metformin: placebo +5.9 mg/dl, empagliflozin 10 mg: -46.0 mg/dl, empagliflozin 25 mg: -44.6 mg/dl, add-on to metformin and a sulphonylurea: placebo -2.3 mg/dl, empagliflozin 10 mg: -35.7 mg/dl, empagliflozin 25 mg: -36.6 mg/dl).

Patients with high baseline HbA1c >10%

In a pre-specified pooled analysis of three phase 3 studies, treatment with open-label empagliflozin 25 mg in patients with severe hyperglycaemia (N=184, mean baseline HbA1c 11.15%) resulted in a clinically meaningful reduction in HbA1c from baseline of 3.27% at week 24; no placebo or empagliflozin 10 mg arms were included in these studies.

Body weight

In a pre-specified pooled analysis of 4 placebo-controlled studies, treatment with empagliflozin resulted in body weight reduction (-0.24 kg for placebo, -2.04 kg for empagliflozin 10 mg and -2.26 kg for empagliflozin 25 mg) at week 24 that was maintained up to week 52 (-0.16 kg for placebo, -1.96 kg for empagliflozin 10 mg and -2.25 kg for empagliflozin 25 mg).

Blood pressure

The efficacy and safety of empagliflozin was evaluated in a double-blind, placebo-controlled study of 12 weeks duration in patients with type 2 diabetes and high blood pressure on different antidiabetic and up to 2 antihypertensive therapies. Treatment with empagliflozin once daily resulted in statistically significant improvement in HbA1c, and 24 hour mean systolic and diastolic blood pressure as determined by ambulatory blood pressure monitoring (Table 11). Treatment with empagliflozin provided reductions in seated SBP and DBP.

Table 11: Efficacy results at 12 week in a placebo-controlled study of empagliflozin in patients with type 2 diabetes and uncontrolled blood pressure[a]

	Placebo	**EMPAGOOD 10**	
		10 mg	**25 mg**
N	271	276	276
HbA1c (%) at week 12[1]			
Baseline (mean)	7.90	7.87	7.92

Change from baseline[2]	0.03	-0.59	-0.62
Difference from placebo[2] (95% CI)		-0.62* (-0.72, -0.52)	-0.65* (-0.75, -0.55)
24 hour SBP at week 12 [3]			
Baseline (mean)	131.72	131.34	131.18
Change from baseline[4]	0.48	-2.95	-3.68
Difference from placebo[4] (95% CI)		-3.44* (-4.78, -2.09)	-4.16* (-5.50, -2.83)
24 hour DBP at week 12[3]			
Baseline (mean)	75.16	75.13	74.64
Change from baseline[5]	0.32	-1.04	-1.40
Difference from placebo[5] (95% CI)		-1.36** (-2.15, -0.56)	-1.72* (-2.51, -0.93)

[a] Full analysis set (FAS)
[1] LOCF, values after taking antidiabetic rescue therapy censored
[2] Mean adjusted for baseline HbA1c, baseline eGFR, geographical region and number of antihypertensive medicinal products
[3] LOCF, values after taking antidiabetic rescue therapy or changing antihypertensive rescue therapy censored
[4] Mean adjusted for baseline SBP, baseline HbA1c, baseline eGFR, geographical region and number of antihypertensive medicinal products
[5] Mean adjusted for baseline DBP, baseline HbA1c, baseline eGFR, geographical region and number of antihypertensive medicinal products
* p-value <0.0001
** p-value <0.001

In a pre-specified pooled analysis of 4 placebo-controlled studies, treatment with empagliflozin resulted in a reduction in systolic blood pressure (empagliflozin 10 mg: -3.9 mmHg; empagliflozin 25 mg: -4.3 mmHg) compared with placebo (-0.5 mmHg) and in diastolic blood pressure (empagliflozin 10 mg: -1.8 mmHg; empagliflozin 25 mg: -2.0 mmHg) compared with placebo (-0.5 mmHg) at week 24 that were maintained up to week 52.

Heart failure

Empagliflozin in patients with heart failure and reduced ejection fraction

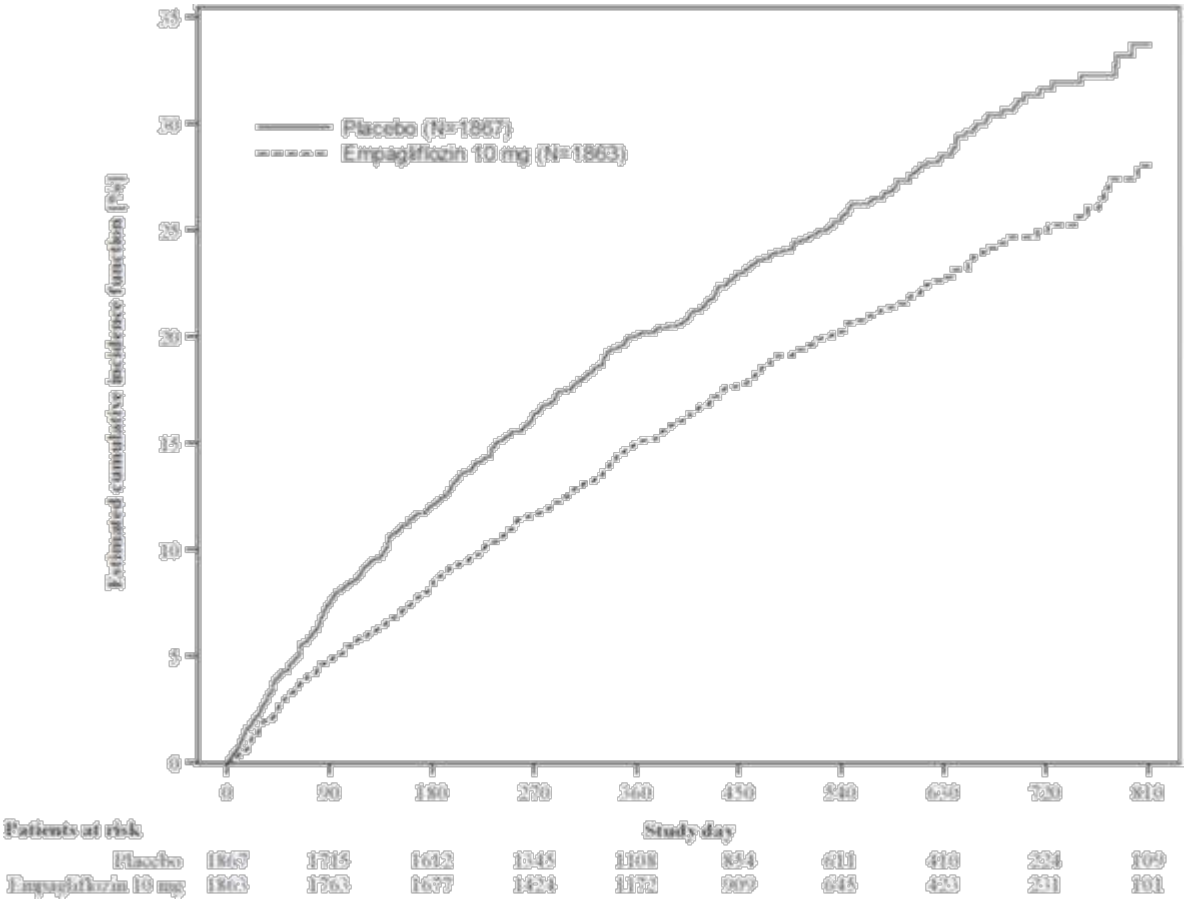
A randomised, double-blind, placebo-controlled study (EMPEROR-Reduced) was conducted in 3 730 patients with chronic heart failure (New York Heart Association [NYHA] II-IV) and reduced ejection fraction (LVEF ≤40%) to evaluate the efficacy and safety of empagliflozin 10 mg once daily as adjunct to standard of care heart failure therapy. The primary endpoint was the time to adjudicated first event of either cardiovascular (CV) death or hospitalisation for heart failure (HHF). Occurrence of adjudicated HHF (first and recurrent) and eGFR $(CKD\text{-}EPI)_{cr}$ slope of change from baseline were included in the confirmatory testing. Heart Failure therapy at baseline included ACE inhibitors/angiotensin receptor blockers/angiotensin

receptor-neprilysin inhibitor (88.3%), beta blockers (94.7%), mineralocorticoid receptor antagonists (71.3%) and diuretics (95.0%).
A total of 1 863 patients were randomised to empagliflozin 10 mg (placebo: 1 867) and followed for a median of 15.7 months. The study population consisted of 76.1% men and 23.9% women with a mean age of 66.8 years (range: 25-94 years), 26.8% were 75 years of age or older. 70.5% of the study population were White, 18.0% Asian and 6.9% Black/African American. At randomisation, 75.1% of patients were NYHA class II, 24.4% were class III and 0.5% were class IV. The mean LVEF was 27.5%. At baseline, the mean eGFR was 62.0 ml/min/1.73 m^2 and the median urinary albumin to creatinine ratio (UACR) was 22 mg/g. About half of the patients (51.7%) had an eGFR of ≥60 ml/min/1.73 m^2, 24.1% of 45 to <60 ml/min/1.73 m^2, 18.6% of 30 to <45 ml/min/1.73 m^2 and 5.3% 20 to <30 ml/min/1.73 m^2.
Empagliflozin was superior in reducing the risk of the primary composite endpoint of cardiovascular death or hospitalisation for heart failure compared with placebo. Additionally, empagliflozin significantly reduced the risk of occurrence of HHF (first and recurrent), and significantly reduced the rate of eGFR decline (Table 12; Figure 2).
Table 12: Treatment effect for the primary composite endpoint, its components and the two key secondary endpoints included in the pre-specified confirmatory testing

	Placebo	**Empagliflozin 10 mg**
N	1 867	1 863
Time to first event of CV death or HHF, N (%)	462 (24.7)	361 (19.4)
Hazard ratio vs. placebo (95% CI)*		0.75 (0.65, 0.86)
p−value for superiority		<0.0001
CV Death, N (%)	202 (10.8)	187 (10.0)
Hazard ratio vs. placebo (95% CI)		0.92 (0.75, 1.12)
HHF (first occurrence), N (%)	342 (18.3)	246 (13.2)
Hazard ratio vs. placebo (95% CI)		0.69 (0.59, 0.81)
HHF (first and recurrent), N of events	553	388
Hazard ratio vs. placebo (95% CI)*		0.70 (0.58, 0.85)
p−value		0.0003
eGFR (CKD-EPI)cr slope, Rate of decline (ml/min/1.73m^2/year)**	-2.28	-0.55
Treatment difference vs. placebo (95% CI)		1.73 (1.10, 2.37)
p-value		< 0.0001

CV = cardiovascular, HHF = hospitalisation for heart failure, eGFR = Estimated glomerular filtration rate, CKD EPI = Chronic kidney disease epidemiology collaboration equation
* CV death and HHF events were adjudicated by an independent clinical event committee and analysed based on the randomised set.
**eGFR slope was analysed based on the treated set. Intercept is -0.95 ml/min/1.73 m^2 for placebo and -3.02 ml/min/1.73 m^2 for empagliflozin. The intercept represents the acute effect on eGFR while the slope represents the long-term effect.

Figure 2 Time to first event of adjudicated CV death or HHF



The results of the primary composite endpoint were generally consistent with a hazard ratio (HR) below 1 across the pre-specified subgroups, including patients with heart failure, with or without type 2 diabetes mellitus and with or without renal impairment (down to an eGFR of 20 ml/min/1.73 m^2).

Empagliflozin in patients with heart failure and preserved ejection fraction

A randomised, double-blind, placebo-controlled study (EMPEROR-Preserved) was conducted in 5 988 patients with chronic heart failure (NYHA II-IV) and preserved ejection fraction (LVEF >40%) to evaluate the efficacy and safety of empagliflozin 10 mg once daily as adjunct to standard of care therapy. The primary endpoint was the time to adjudicated first event of either cardiovascular (CV) death or hospitalisation for heart failure (HHF).

Occurrence of adjudicated HHF (first and recurrent), and eGFR (CKD-EPI)cr slope of change from baseline were included in the confirmatory testing. Baseline therapy included ACE inhibitors/angiotensin receptor blockers/angiotensin receptor-neprilysin inhibitor (80.7%), beta blockers (86.3%), mineralocorticoid receptor antagonists (37.5%) and diuretics (86.2%).

A total of 2 997 patients were randomised to empagliflozin 10 mg (placebo: 2 991) and followed for a median of 26.2 months. The study population consisted of 55.3% men and 44.7% women with a mean age of 71.9 years (range: 22-100 years), 43.0% were 75 years of age or older. 75.9% of the study population were White, 13.8% Asian and 4.3% Black/African American. At randomisation, 81.5% of patients were NYHA class II, 18.1%

were class III and 0.3% were class IV. The EMPEROR-Preserved study

population included patients with a LVEF <50% (33.1%), with a LVEF 50 to <60% (34.4%) and a LVEF ≥60% (32.5%). At baseline, the mean eGFR was 60.6 ml/min/1.73 m^2 and the median urinary albumin to creatinine ratio (UACR) was 21 mg/g. About half of the patients (50.1%) had an eGFR of ≥60 ml/min/1.73 m^2, 26.1% of 45 to <60 ml/min/1.73 m^2, 18.6% of 30 to <45 ml/min/1.73 m^2 and 4.9% 20 to <30 ml/min/1.73 m^2.

Empagliflozin was superior in reducing the risk of the primary composite endpoint of cardiovascular death or hospitalisation for heart failure compared with placebo. Additionally, empagliflozin significantly reduced the risk of occurrence of HHF (first and recurrent), and significantly reduced the rate of eGFR decline (Table 13; Figure 3).

Table 13: Treatment effect for the primary composite endpoint, its components and the two key secondary endpoints included in the pre-specified confirmatory testing

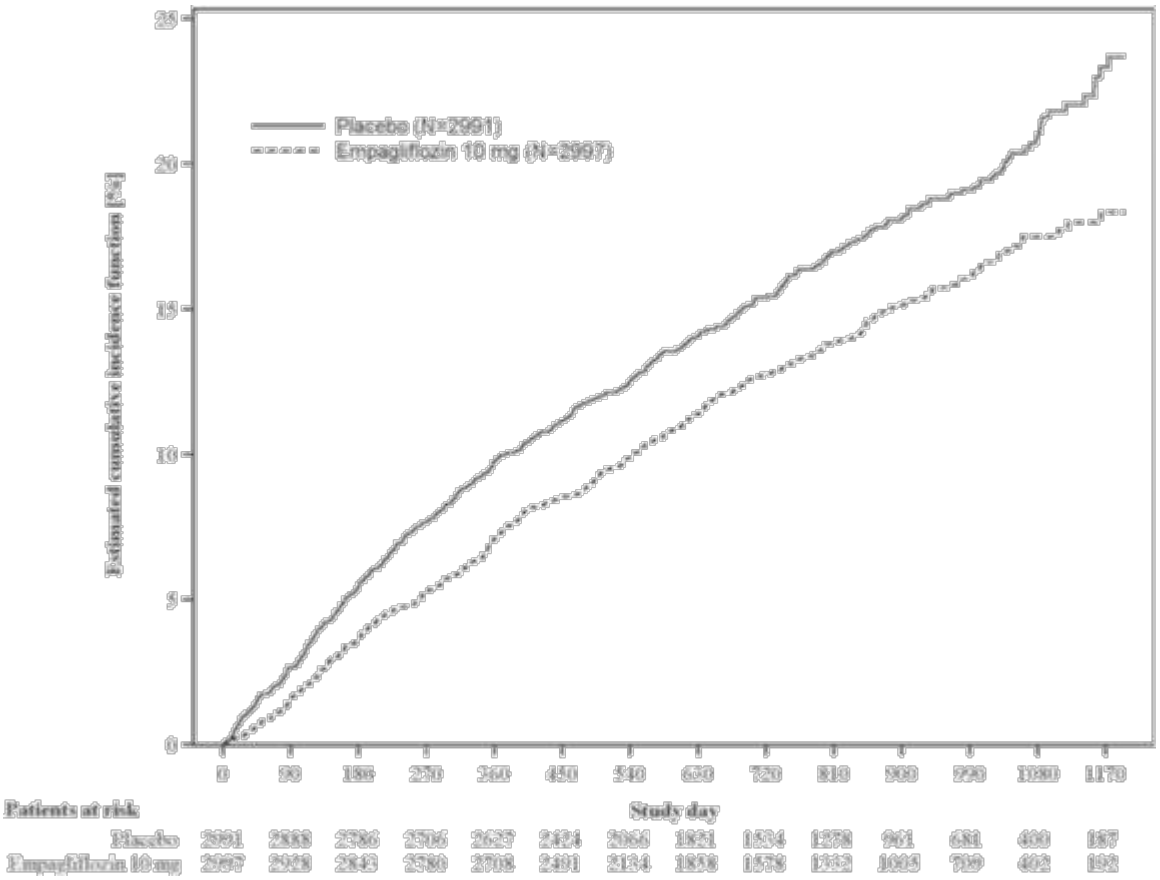
	Placebo	**Empagliflozin 10 mg**
N	2 991	2 997
Time to first event of CV death or HHF, N (%)	511 (17.1)	415 (13.8)
Hazard ratio vs. placebo (95% CI)*		0.79 (0.69, 0.90)
p−value for superiority		0.0003
CV Death, N (%)	244 (8.2)	219 (7.3)
Hazard ratio vs. placebo (95% CI)		0.91 (0.76, 1.09)
HHF (first occurrence), N (%)	352 (11.8)	259 (8.6)
Hazard ratio vs. placebo (95% CI)		0.71 (0.60, 0.83)
HHF (first and recurrent), N of events	541	407
Hazard ratio vs. placebo (95% CI)*		0.73 (0.61, 0.88)
p−value		0.0009
eGFR (CKD-EPI)cr slope, Rate of decline (ml/min/1.73m^2/year)**	-2.62	-1.25
Treatment difference vs. placebo (95% CI)		1.36 (1.06, 1.66)
p-value		< 0.0001

CV = cardiovascular, HHF = hospitalisation for heart failure, eGFR = Estimated glomerular filtration rate, CKD EPI = Chronic kidney disease epidemiology collaboration equation

* CV death and HHF events were adjudicated by an independent clinical event committee and analysed based on the randomised set.

**eGFR slope was analysed based on the treated set. Intercept is -0.18 ml/min/1.73 m^2 for placebo and -3.02 ml/min/1.73 m^2 for empagliflozin. The intercept represents the acute effect on eGFR while the slope represents the long-term effect.

Figure 3 Time to first event of adjudicated CV death or HHF



The results of the primary composite endpoint were consistent across each of the pre-specified subgroups categorized by e.g., LVEF, diabetes status or renal function (down to an eGFR of 20 ml/min/1.73 m^2).

Chronic kidney disease

A randomised, double-blind, placebo-controlled study of empagliflozin 10 mg once daily (EMPA-KIDNEY) was conducted in 6 609 patients with chronic kidney disease (eGFR ≥20 -
<45 ml/min/1.73 m^2; or eGFR ≥45 - <90 ml/min/1.73 m^2 with urinary albumin to creatinine ratio (UACR) ≥200 mg/g) to assess cardio-renal outcomes as adjunct to standard of care therapy. The primary endpoint was the time to first occurrence of kidney disease progression (sustained ≥40% eGFR decline from randomisation, sustained eGFR <10 ml/min/1.73 m^2, end-stage kidney disease, or renal death) or CV death. First occurrence of hospitalisation for heart failure or CV death, all-cause hospitalisation (first and recurrent), and all-cause mortality were included in the confirmatory testing. Baseline therapy included an appropriate use of a RAS-inhibitor (85.2% ACE inhibitor or angiotensin receptor blocker).

A total of 3 304 patients were randomised to empagliflozin 10 mg (placebo: 3 305) and followed for a median of 24.3 months. The study population consisted of 66.8% men and 33.2% women with a mean age of 63.3 years (range: 18-94 years), 23.0% were 75 years of age or older. 58.4% of the study population were White, 36.2% Asian and 4.0% Black/African American.

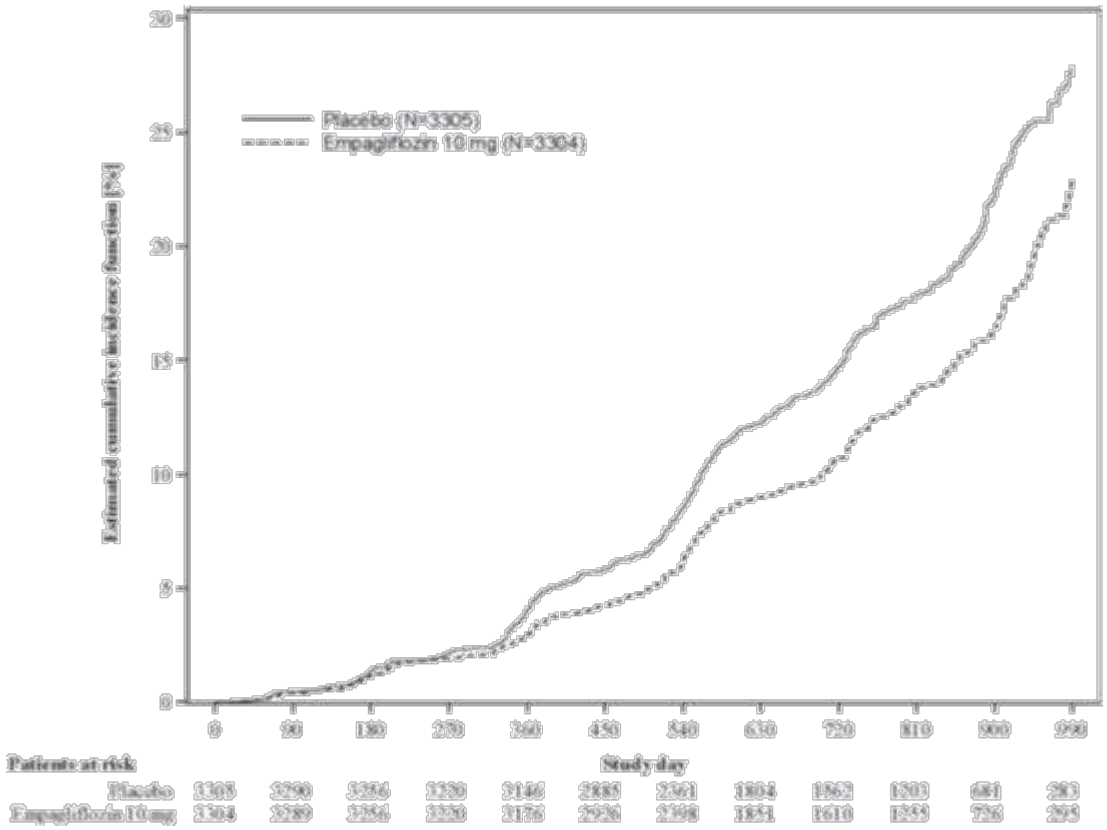
At baseline, the mean eGFR was 37.3 ml/min/1.73 m^2, 21.2% patients had an eGFR of ≥45 ml/min/1.73 m^2, 44.3% of 30 to <45 ml/min/1.73 m^2 and 34.5% <30 ml/min/1.73
m^2 including 254 patients with an eGFR <20 ml/min /1.73 m^2. The median UACR was 329

mg/g, 20.1% patients had an UACR <30 mg/g, 28.2% had an UACR 30 to ≤300 mg/g and 51.7% had an UACR >300 mg/g; 41.1% of patients had an UACR <200 mg/g. Primary causes of CKD were diabetic nephropathy/diabetic kidney disease (31%), glomerular disease (25%), hypertensive/renovascular disease (22%) and other/unknown (22%).
Empagliflozin was superior in reducing the risk of the primary composite endpoint of kidney disease progression or CV death compared with placebo (see Table 14). Additionally, empagliflozin significantly reduced the risk of all-cause hospitalisation (first and recurrent).
Table 14: Treatment effect for the primary composite and key secondary endpoints included in the pre-specified confirmatory testing and its components

	Placebo	**Empagliflozin 10 mg**
N	3 305	3 304
Time to first occurrence of kidney disease progression (sustained ≥40% eGFR decline from randomisation, sustained eGFR <10 ml/min/1.73 m^2, end-stage kidney disease* (ESKD), or renal death) or CV death, N (%)	558 (16.9)	432 (13.1)
Hazard ratio vs. placebo (99.83% CI)		0.72 (0.59, 0.89)
p−value for superiority		<0.0001
Sustained ≥40% eGFR decline from randomisation, N (%)	474 (14.3)	359 (10.9)
Hazard ratio vs. placebo (95% CI)		0.70 (0.61, 0.81)
p-value		<0.0001
ESKD* or sustained eGFR <10 ml/min/1.73 m^2, N (%)	221 (6.7)	157 (4.8)
Hazard ratio vs. placebo (95% CI)		0.69 (0.56, 0.84)
p-value		0.0003
Renal death, N (%)**	4 (0.1)	4 (0.1)
Hazard ratio vs. placebo (95% CI)		
p-value		
CV Death, N (%)	69 (2.1)	59 (1.8)
Hazard ratio vs. placebo (95% CI)		0.84 (0.60, 1.19)
p-value		0.3366
ESKD or CV Death, N (%)#	217 (6.6)	163 (4.9)
Hazard ratio vs. placebo (95% CI)		0.73 (0.59, 0.89)
p-value		0.0023
Occurrence of all-cause hospitalisation (first and recurrent), N of events	1 895	1 611
Hazard ratio vs. placebo (99.03% CI)		0.86 (0.75, 0.98)
p-value		0.0025

CV = cardiovascular, HHF = hospitalisation for heart failure, eGFR = Estimated glomerular filtration rate

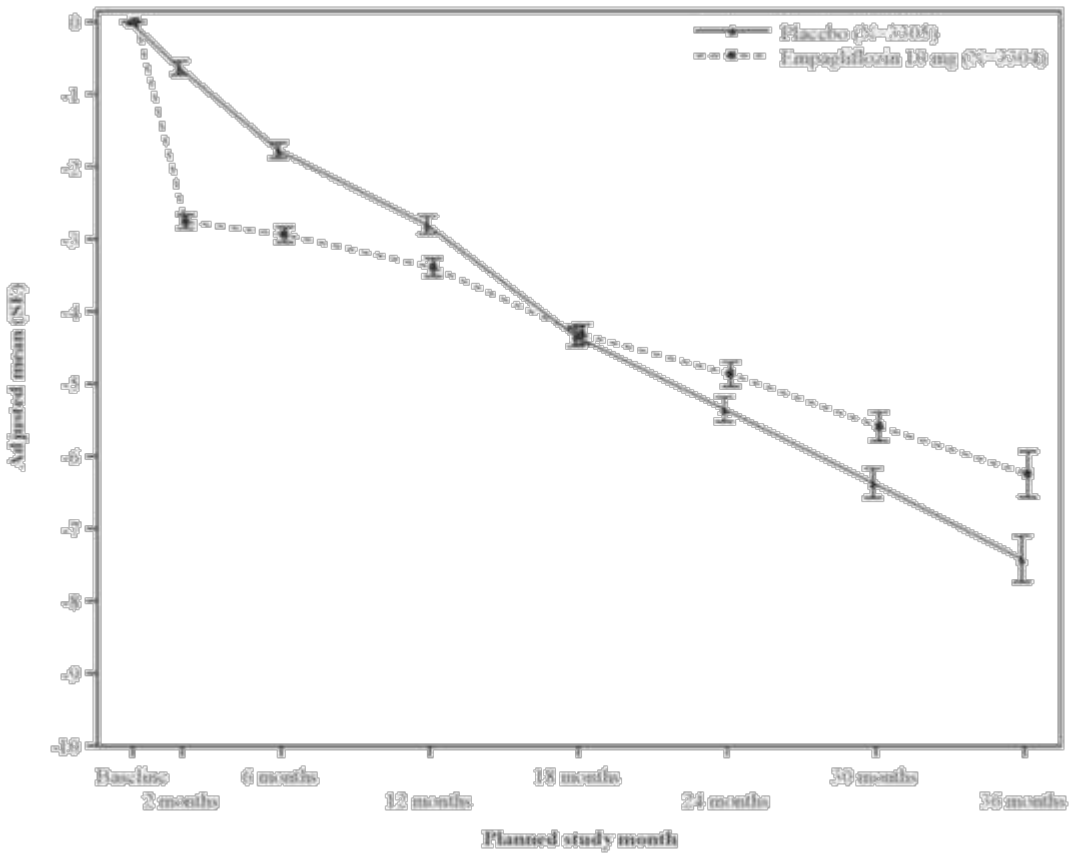
* End-stage kidney disease (ESKD) is defined as the initiation of maintenance dialysis or receipt of a kidney transplant.
** There were too few events of renal death to compute a reliable hazard ratio.
# Predefined as one of the two stopping criteria in the pre-planned interim analysis.
Figure 4 Time to first event of kidney disease progression or adjudicated CV death, estimated cumulative incidence function



The results of the primary composite endpoint were generally consistent across the pre-specified subgroups, including eGFR categories, underlying cause of renal disease, diabetes status, or background use of RAS inhibitors. Treatment benefits were more clearly evident in patients with higher levels of albuminuria.

During treatment, eGFR decline over time was slower in the empagliflozin group compared to the placebo group (Figure 5). Empagliflozin slowed the annual rate of eGFR decline compared to placebo by 1.37 ml/min/1.73 m^2/year (95% CI 1.16, 1.59), based on a pre-specified analysis of all eGFR measurements taken from the 2-month visit to the final follow-up visit. Patients treated with empagliflozin experienced an initial drop in eGFR which returned towards baseline after treatment discontinuation as demonstrated in several of the empagliflozin studies, supporting that haemodynamic changes play a role in the acute effects of empagliflozin on eGFR.

Figure 5 Change in eGFR over time*



*eGFR (CKD-EPI) (ml/min/1.73 m^2) MMRM results over time - randomised set. Paediatric population

The European Medicines Agency has deferred the obligation to submit the results of studies with EMPAGOOD 10 in one or more subsets of the paediatric population in type 2 diabetes mellitus (see section 4.2 for information on paediatric use).

The European Medicines Agency has waived the obligation to submit the results of studies with EMPAGOOD 10 in all subsets of the paediatric population in heart failure (see section 4.2 for information on paediatric use).

The European Medicines Agency has waived the obligation to submit the results of studies with EMPAGOOD 10 in all subsets of the paediatric population in chronic kidney disease (see section 4.2 for information on paediatric use).

Pharmacokinetic properties:

Absorption

The pharmacokinetics of empagliflozin have been extensively characterised in healthy volunteers and patients with type 2 diabetes. After oral administration, empagliflozin was rapidly absorbed with peak plasma concentrations occurring at a median tmax of 1.5 hours post-dose. Thereafter, plasma concentrations declined in a biphasic manner with a rapid distribution phase and a relatively slow terminal phase. The steady state mean plasma AUC and Cmax were 1 870 nmol.h/l and 259 nmol/l with empagliflozin 10 mg and 4 740 nmol.h/l and 687 nmol/l with empagliflozin 25 mg once daily. Systemic exposure of empagliflozin increased in a dose-proportional manner. The single-dose and steady-state pharmacokinetic parameters of empagliflozin were similar suggesting linear

pharmacokinetics with respect to time. There were no clinically relevant differences in empagliflozin pharmacokinetics between healthy volunteers and patients with type 2 diabetes.
Administration of empagliflozin 25 mg after intake of a high-fat and high calorie meal resulted in slightly lower exposure; AUC decreased by approximately 16% and C_{max} by approximately 37% compared to fasted condition. The observed effect of food on empagliflozin pharmacokinetics was not considered clinically relevant and empagliflozin may be administered with or without food.

Distribution

The apparent steady-state volume of distribution was estimated to be 73.8 l based on the population pharmacokinetic analysis. Following administration of an oral [^{14}C]-empagliflozin solution to healthy volunteers, the red blood cell partitioning was approximately 37% and plasma protein binding was 86%.

Biotransformation

No major metabolites of empagliflozin were detected in human plasma and the most abundant metabolites were three glucuronide conjugates (2-, 3-, and 6-O glucuronide). Systemic exposure of each metabolite was less than 10% of total drug-related material. *In vitro* studies suggested that the primary route of metabolism of empagliflozin in humans is glucuronidation by the uridine 5'-diphospho-glucuronosyltransferases UGT2B7, UGT1A3, UGT1A8, and UGT1A9.

Elimination

Based on the population pharmacokinetic analysis, the apparent terminal elimination half-life of empagliflozin was estimated to be 12.4 hours and apparent oral clearance was 10.6 l/hour. The inter-subject and residual variabilities for empagliflozin oral clearance were 39.1% and 35.8%, respectively. With once-daily dosing, steady-state plasma concentrations of empagliflozin were reached by the fifth dose. Consistent with the half-life, up to 22% accumulation, with respect to plasma AUC, was observed at steady-state. Following administration of an oral [^{14}C]-empagliflozin solution to healthy volunteers, approximately 96% of the drug-related radioactivity was eliminated in faeces (41%) or urine (54%). The majority of drug-related radioactivity recovered in faeces was unchanged parent drug and approximately half of drug related radioactivity excreted in urine was unchanged parent drug.

Special populations *Renal impairment*

In patients with mild, moderate or severe renal impairment (eGFR <30 - <90 ml/min/1.73 m^2) and patients with kidney failure/end stage kidney disease (ESKD), AUC of empagliflozin increased by approximately 18%, 20%, 66%, and 48%, respectively compared to subjects with normal renal function. Peak plasma levels of empagliflozin were similar in subjects with moderate renal impairment and kidney failure/ESKD compared to patients with normal renal function. Peak plasma levels of empagliflozin were roughly 20% higher in subjects with mild and severe renal impairment as compared to subjects with normal renal function. The population pharmacokinetic analysis showed that the apparent oral clearance of empagliflozin decreased with a decrease in eGFR leading to an increase in drug exposure.

Hepatic impairment

In subjects with mild, moderate, and severe hepatic impairment according to

the Child-Pugh classification, AUC of empagliflozin increased approximately by 23%, 47%, and 75% and Cmax by approximately 4%, 23%, and 48%, respectively, compared to subjects with normal hepatic function.

Body Mass Index

Body mass index had no clinically relevant effect on the pharmacokinetics of empagliflozin based on the population pharmacokinetic analysis. In this analysis, AUC was estimated to be 5.82%, 10.4%, and 17.3% lower in subjects with BMI of 30, 35, and 45 kg/m^2, respectively, compared to subjects with a body mass index of 25 kg/m^2.

Gender

Gender had no clinically relevant effect on the pharmacokinetics of empagliflozin based on the population pharmacokinetic analysis.

Race

In the population pharmacokinetic analysis, AUC was estimated to be 13.5% higher in Asians with a body mass index of 25 kg/m^2 compared to non-Asians with a body mass index of 25 kg/m^2.

Elderly

Age did not have a clinically meaningful impact on the pharmacokinetics of empagliflozin based on the population pharmacokinetic analysis.

Paediatric population

A paediatric Phase 1 study examined the pharmacokinetics and pharmacodynamics of empagliflozin (5 mg, 10 mg and 25 mg) in children and adolescents ≥10 to <18 years of age with type 2 diabetes mellitus. The observed pharmacokinetic and pharmacodynamic responses were consistent with those found in adult subjects.

6. Pharmaceutical particulars

6.1 List of excipients

Lactose Monohydrate
Microcrystalline Cellulose
Low Substituted Hydroxy propyl cellulose-LH 11
Purified Water
Cross carmelose sodium
Colloidal Silicon dioxide
Magnesium Stearate
Ready Coat Yellow
Iso propyl Alcohol
Methylene Chloride

6.2 Incompatibilities

None known

6.3 Shelf life

36 months

6.4 Special precautions for storage

Store at a temperature not exceeding below 30°C. Keep medicine out of reach of children.

6.5 Nature and contents of container

10 tablets are packed in ALU-ALU blister, such 3 blister are packed in one mono carton with insert

6.6 Special precautions for disposal and other handling

Not applicable

7. Marketing authorization holder and manufacturing site address

ZAIN PHARMA LTD.
Plot No: 209/13741, Colchester Park, Go-Down No.1, 2, 3,
Off Mombasa Road, Behind Nice And Lovely House,
P.O. Box: 100167-00101, Nairobi,
Kenya

8. Marketing authorization number

H2025/CTD11583/25321

9. Date of first registration/ renewal of the registration

27/08/2025

10. Date of Revision 0f The Text

27/08/2025